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# Teaching Freight Mode Choice Models New Tricks Using Interpretable Machine Learning Methods

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In review

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### *Scope Statement*

Understanding and forecasting complex freight mode choice behavior under various industry, policy, and technology contexts is essential for freight planning and policymaking. A common challenge for researchers is the absence of a heuristic and efficient method to discern and define these complex relationships in the logit model specifications. This often results in models that might be deficient in both predictive power and interpretability. To bridge this gap, we develop an MNL model for freight mode choice using the insights from machine learning (ML) models. ML models can better capture the nonlinear nature of the decision-making process, and recent advances in 'explainable AI' have greatly improved their interpretability. We showcase how interpretable ML methods help enhance the performance of MNL models and deepen our understanding of freight mode choice. We evaluate this approach through a case study for Austin, Texas, where SHAP results reveal multiple important nonlinear relationships. Incorporating those relationships into MNL model specifications improves the interpretability and accuracy of the MNL model. Findings from this study can be used to guide freight planning and inform policymakers on how key factors affect freight decision-making.

### *Conflict of interest statement*

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest

### *CRediT Author Statement*

Xiaodan Xu: Conceptualization, Data curation, Formal Analysis, Investigation, Methodology, Validation, Visualization, Writing - original draft, Writing - review & editing. C. Anna Spurlock: Conceptualization, Funding acquisition, Investigation, Resources, Supervision, Writing - review & editing. Haitam Laarabi: Conceptualization, Investigation, Writing - review & editing. Hung-Chia Yang: Data curation, Formal Analysis, Investigation, Methodology, Validation, Visualization, Writing - original draft, Writing - review & editing. Kyungsoo Jeong: Conceptualization, Funding acquisition, Investigation, Resources, Supervision, Writing - review & editing. Srinath Ravulaparthi: Conceptualization, Resources, Writing - review & editing. William Bui: Data curation, Formal Analysis, Methodology, Validation, Visualization, Writing - review & editing. Zachary Needell: Conceptualization, Investigation, Writing - review & editing.

### *Keywords*

Freight mode choice, Interpretable machine learning, Shapley Additive Explanations (SHAP), nonlinearity, Multinomial Logit Model (MNL)

### *Abstract*

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Understanding and forecasting complex freight mode choice behavior under various industry, policy, and technology contexts is essential for freight planning and policymaking. Numerous models have been developed to provide insights into freight mode selection, the majority of which use discrete choice models such as multinomial logit (MNL) models. However, logit models often rely on linear specifications of independent variables, despite potential nonlinear relationships in the data. A common challenge for researchers is the absence of a heuristic and efficient method to discern and define these complex relationships in logit model specifications. This often results in models that might be deficient in both predictive power and interpretability. To bridge this gap, we develop an MNL model for freight mode choice using the insights from machine learning (ML) models. ML models can better capture the nonlinear nature of many decision-making processes, and recent advances in 'explainable AI' have greatly improved their interpretability. We showcase how interpretable ML methods help enhance the performance of MNL models and deepen our understanding of freight mode choice. Specifically, we apply SHapley Additive exPlanations (SHAP) to identify influential features and complex relationships to improve the MNL's performance. We evaluate this approach through a case study for Austin, Texas, where SHAP results reveal multiple important nonlinear relationships. Incorporating those relationships into MNL model specifications improves the interpretability and accuracy of the MNL model. Findings from this study can be used to guide freight planning and inform policy-makers on how key factors affect freight decision-making.

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In review

# 1 Teaching Freight Mode Choice Models New Tricks Using Interpretable 2 Machine Learning Methods

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13 **Keywords: freight mode choice, interpretable machine learning, SHapley Additive exPlanations**  
14 **(SHAP), nonlinearity, multinomial logit model (MNL)**

## 15 Abstract

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17 and technology contexts is essential for freight planning and policymaking. Numerous models have  
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19 choice models such as multinomial logit (MNL) models. However, logit models often rely on linear  
20 specifications of independent variables, despite potential nonlinear relationships in the data. A common  
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29 to improve the MNL’s performance. We evaluate this approach through a case study for Austin, Texas,  
30 where SHAP results reveal multiple important nonlinear relationships. Incorporating those  
31 relationships into MNL model specifications improves the interpretability and accuracy of the MNL  
32 model. Findings from this study can be used to guide freight planning and inform policy-makers on  
33 how key factors affect freight decision-making.

34

## 35 1 Introduction

36 Freight transportation, or the movement of goods, is a major component of the economy and has direct  
37 impacts on the transportation system, public well-being, and economic growth (Plumeau et al., 2012;  
38 Uddin et al., 2021). In the U.S., the transportation system moved a daily average of about 55.2 million  
39 tons of freight valued at more than \$54.0 billion in 2019, and the tonnage shipped is anticipated to  
40 grow at about 1.4% per year between 2019 and 2050 (Bureau of Transportation Statistics, 2019).  
41 Furthermore, the freight system is constantly experiencing disruptions with emerging technologies,  
42 changing business models, and behavior shifts. For example, emerging autonomous truck technology  
43 has the potential to greatly affect freight operations by reducing labor costs and increasing operational  
44 efficiency. Indeed, freight is anticipated to be the leading sector for autonomous vehicle adoption in  
45 the U.S. (Viscelli, 2018). In addition, with the growth of e-commerce and online shopping, the share  
46 of smaller-sized shipments is also increasing (Keya et al., 2019). Given the magnitude of the existing  
47 freight system, these changes will have dramatic impacts across economic sectors. Assessing the  
48 potential implications of these changes and other technology advancements on future freight demand  
49 requires understanding how current freight decisions are being made.

50 Among all freight-related decision-making, mode choice is one of the most important issues and has  
51 critical implications for transportation and energy systems (Uddin et al., 2021). In the U.S., freight  
52 travels over an extensive network of highways, railroads, waterways, pipelines, and airways (Bureau  
53 of Transportation Statistics, 2019). Shifts in freight demand by mode drive infrastructure requirements  
54 across multiple networks. Moreover, freight mode selection can greatly affect energy and  
55 environmental impacts of freight systems, given that the energy intensity of various modes can vary  
56 by an order of magnitude (Bushnell and Hughes, 2020). Although trucks are less energy-efficient, they  
57 make up the dominant freight mode. In the U.S., trucks transport 60% of commodity by tonnage,  
58 resulting in about 300 billion vehicle miles traveled (VMT), accounting for 25% of total highway  
59 energy use in 2019 (Bureau of Transportation Statistics, 2019). One way in which public policy can  
60 directly impact freight energy use is through regulation or incentives to improve truck energy  
61 efficiency. However, policies that only target trucks may not guarantee systemwide energy savings, as  
62 the choice to ship goods via truck rather than other possible modes is driven by a range of factors. A  
63 rebound effect in energy use may emerge if demand shifts from more energy efficient modes (e.g. rail)  
64 to trucks, potentially offsetting the benefits of these policies (Bushnell and Hughes, 2020). A well-  
65 constructed freight mode choice model can provide accurate freight demand predictions to help inform  
66 policy-makers about potential freight mode shifts in the case of new regulation or policies under  
67 consideration.

68 Numerous freight mode choice models have been developed to date, offering insights into how mode  
69 decisions are made (de Jong and Ben-Akiva, 2007; Pourabdollahi et al., 2013; Stinson et al., 2017;  
70 Jensen et al., 2019; Keya et al., 2019; Bushnell and Hughes, 2020; Holguín-Veras et al., 2021; Uddin  
71 et al., 2021). The major influential factors on freight mode choice identified in those studies can be  
72 broadly categorized into four groups:

- 73 • **Industry categorization:** representing industry classification of the shipper;
- 74 • **Commodity characteristics:** including commodity type, shipment size, and value of goods being  
75 transported;
- 76 • **Shipping characteristics by mode:** including locations of shippers, buyers and carriers; travel  
77 distance, time, shipping cost; and service quality by different modes;
- 78 • **Infrastructure characteristics:** including characteristics such as network density of highway and  
79 railway, and the presence of intermodal facilities, ports, and warehouses.

80 Most of these previous freight mode choice models relied on discrete choice models, especially logit  
81 models, which have long been the gold standard in transportation behavior studies (Aboutaleb et al.,  
82 2021; Jin et al., 2022). These models are theory-driven, provide clear subject-matter interpretation, and  
83 hint at causal relationships for meaningful extrapolation of behavioral outcomes (Aboutaleb et al.,  
84 2021). Therefore, those models are well established for policy analysis and allow users to fully  
85 scrutinize the results and recommend potential amendments. One common form of logit model used is  
86 the multinomial logit (MNL) model, which is based on random utility maximization and assumes that  
87 individuals choose an alternative with the highest utility among all possible options (Ben-Akiva and  
88 Lerman, 1985). Due to their practicality and interpretability, MNL models are widely used by  
89 transportation agencies, consultants, and researchers to simulate travel behaviors in activity-based or  
90 agent-based modeling frameworks (Stinson et al., 2017; Laarabi et al., 2023). However, the estimation  
91 of logit models often relies on linear specifications of independent variables, as defining nonlinear  
92 specifications in MNL or other forms of discrete choice models is often an unwieldy task (Han et al.,  
93 2022) and requires careful treatment of the formulation and interpretation (Liao et al., 2020). Among  
94 existing freight mode choice models, Pourabdollahi, et al. (Pourabdollahi et al., 2013) adopted  
95 nonlinear transformations of distance, cost and value for mode choice and shipment size after  
96 comparing performance from three candidate specifications (linear, categorical or logarithmic). Jensen,  
97 et al. (Jensen et al., 2019) incorporated nonlinear transformations of costs in mode choice modeling  
98 after comparing several pre-defined cost functions. Keya, et al. (Keya et al., 2019) created shipment  
99 weight bins for joint freight mode and size models to allow for nonlinear impacts of shipment size. In  
100 these referenced studies, formulating and comparing the specifications for MNL models is a non-trivial  
101 task, often requiring researchers to explore a large set of factor combinations with limited technical  
102 and methodological guidance available. An approach to guide model selection and refinement early on  
103 in the process would greatly improve the ability of researchers to quickly identify critical relationships  
104 in explanatory factors driving mode choice and, therefore, improve the accuracy and applicability of  
105 these models much more efficiently.

106 Recently, machine learning (ML) methods have attracted great interest in travel behavior analysis and  
107 often outperform logit models in terms of predictive accuracy (Zhao et al., 2020; Javadinasr et al.,  
108 2023). Unlike logit models, which are parametric and require a pre-defined model specification, ML  
109 models often allow a more flexible structure and capture the complex and nonlinear relationships of  
110 influential features. Some preliminary studies have applied ML methods to model freight mode choice  
111 and achieved satisfactory predictive accuracy (Uddin et al., 2021). However, applications of ML  
112 methods in behavior analysis are still limited due to a lack of theoretical base for the extrapolation of  
113 findings and the low transparency and interpretability of their results (Choudhury et al., 2018;  
114 Aboutaleb et al., 2021). This hampers the ability of model users to understand the potential implications  
115 of various policies on behavior shifts. ML models have proven useful in capturing the correlations in  
116 the variable space where data is available, and in making accurate predictions (Aboutaleb et al., 2021),  
117 however, they cannot substitute for discrete choice models in policy analyses where causal mechanisms  
118 are required to justify the results under domain-knowledge assumptions. Furthermore, implementing  
119 high-dimensional ML models in existing travel demand modeling frameworks can be challenging, and  
120 many transportation agencies may lack the technical and financial resources to support the adoption of  
121 advanced modeling methods in general (Miller, 2023). Because of these limitations, ML approaches  
122 are unlikely to completely replace MNL methods in travel demand modeling. Instead, fundamental  
123 advances are needed to integrate both approaches, enhancing knowledge and practice on freight-related  
124 decision-making. A promising integration of MNL and ML involves using high-dimensional ML  
125 methods for model specification and refinement. This produces an improved MNL model specification  
126 while preserving the interpretability and microeconomic grounding of traditional methods. There have  
127 been early successes that directly couple ML and MNL in modeling travel behaviors of passengers to  
128 improve parameter estimation of MNL and enhance model performance in terms of prediction (Han et  
129 al., 2022; Kim et al., 2022). Those studies rely on pre-defined model specifications and the final

130 interpretations are still based on MNL parameters, which does not fully reveal the complex  
131 relationships of influential features captured within ML models. In addition, such direct linkages may  
132 be prone to higher estimation bias for out-of-distribution samples if insufficient samples in the input  
133 space are used to train ML methods (Han et al., 2022). Therefore, the integration of MNL and ML  
134 models should be guided by a deep understanding of each model by themselves, relying heavily on the  
135 interpretability and transparency of ML models and resulting insights.

136 Recent advances in ‘explainable AI’ have greatly improved the interpretability of ML results in high-  
137 dimension spaces (Lundberg et al., 2017, 2020). Thus, it has become possible to apply ML methods to  
138 boost the performance of traditional logit models. Specifically, SHAP (SHapley Additive exPlanations)  
139 is a game theoretic approach to interpret the output of any machine learning model (Lundberg et al.,  
140 2017). With the SHAP approach, a model prediction can be explained by assuming that each factor  
141 value of the observation is a “player” in a game where the prediction is the payout (Hart, 1989;  
142 Lundberg et al., 2017). Using SHAP, complex and nonlinear relationships between behavior outcomes  
143 and various plausible factors can be unveiled. The SHAP approach also supports most modern ML  
144 algorithms, which allows us to select the best-performing ML methods and to make informed decisions  
145 on travel behavior outcomes based on accurate prediction of the underlying trends. The insights from  
146 SHAP can be used to improve the model specification in traditional logit models to help enhance model  
147 performance (e.g., model goodness of fit, accuracy, etc.). To date, only a handful of studies have  
148 adopted the SHAP approach for passenger travel behavior analysis (Zima-Bockarjova et al., 2020; Jin  
149 et al., 2022; Lee, 2022). However, its application in understanding freight behavior (Ahmed and  
150 Roorda, 2022), especially in freight mode choice, remains limited.

151 In this study, we develop an MNL-based freight model choice model using insights from ML models.  
152 Inspired by prior work on passenger vehicle behavior (Jin et al., 2022), the MNL model specification  
153 is informed by results from several off-the-shelf ML models combined with SHAP interpretation. The  
154 findings from both MNL and ML interpretation are also compared to investigate whether the  
155 interpretations from ML models are supported by travel behavior theory, and if convergence of results  
156 can be achieved between MNL and ML on how key factors affect freight mode choice. To our  
157 knowledge, this is the first study employing this approach in the context of freight mode choice. We  
158 used the public-use data from the 2017 Commodity Flow Survey (CFS2017) (U.S. Census Bureau,  
159 2020) to develop both MNL and ML models of freight mode choice. The CFS2017 is a collaborative  
160 effort between the Bureau of Transportation Statistics (BTS) and the U.S. Census Bureau. The CFS  
161 data are widely used by policy-makers and transportation professionals for assessing demand for  
162 transportation facilities and services, energy use, safety, and environmental concerns (Bureau of  
163 Transportation Statistics et al., 2020). Using ML models combined with the SHAP approach, we  
164 identify influential factors affecting freight mode choice and their relationship with specific modes.  
165 These findings are subsequently applied to revise the MNL model specification for better performance.

166 The study aims to address the following research questions related to freight mode choice:

- 167 • **Understanding key factors related to freight mode decision-making:** Multiple influential  
168 factors and their relationships with freight mode choice are identified, revealing nonlinear and  
169 interactive relationships among factors that are not sufficiently addressed in prior studies.
- 170 • **Advancing freight behavior analysis with ML approaches:** Several tree-based ML approaches  
171 are evaluated based on their performance in predicting freight mode choice and the validity of  
172 interpretation from ML models using traditional econometric models. The evaluation not only  
173 quantifies the improvement in prediction accuracy that can be achieved using ML compared to  
174 MNL methods, it also investigates if ML applications in freight mode choice provides consistent  
175 interpretation with the theory-based discrete choice approach.



176 • **Improving the state-of-the-practice for mode choice estimation:** The performance of the  
177 traditional MNL model is enhanced using insights from the ML methods and SHAP approach. The  
178 enhanced MNL model better captures the nonlinear and complex relationships between various  
179 factors and freight mode selection. Moreover, the efficiency gained from the SHAP approach  
180 allows for a significant reduction in technical effort.

181 The proposed workflow is demonstrated using a case study for Austin, Texas. The case study shows  
182 the effectiveness of the proposed approach and evaluates the major drivers in regional freight mode  
183 decision-making. The outcomes from this study can be used to inform policy-makers and practitioners  
184 on key factors that affect freight mode decision-making and the variation of impacts under different  
185 factor levels. The enhanced model can provide valuable insight regarding potential mode shifts that  
186 might be anticipated under various policy changes, and the nonlinear impacts of certain policy levers  
187 on mode choice. For example, one such insight derived from our results is that policies targeting short-  
188 haul shipments may have a greater impact on mode choice than policies targeting long-haul shipments.  
189 This study also provides a practical workflow that is applicable for other regions and countries with  
190 similar data to improve their modeling practice.

## 191 **2 Materials and Methods**

192 In this study, the freight mode choice model is estimated using CFS2017 data using two approaches:  
193 (1) a conventional logit model, and (2) a machine learning (ML) guided approach that advances logit  
194 models using ML and SHAP interpretation. With the interpretable ML approach, nonlinear  
195 relationships between various factors and mode selection are identified and applied in the MNL model  
196 to improve model specifications. The extent to which model performance improves by incorporating  
197 the identified nonlinear relationships in the MNL model specification is evaluated. Also, the  
198 interpretations from best-performing ML and MNL are compared to investigate if ML-generated  
199 interpretations are aligned with conventional econometric models under theory-based assumptions.  
200 The proposed approach is demonstrated using an Austin, TX case study, with a focus on regional  
201 industry characteristics and freight flow between Austin and the rest of U.S. The general workflow is  
202 illustrated Figure 1. First, the data pre-processing steps, including cleaning, imputation, and variable  
203 selection, are performed for all mode choice models. Then, exploratory data analysis is performed to  
204 identify influential factors on mode choice. Next, a conventional MNL model is estimated using all  
205 available factors. In parallel, several ML classifiers are trained, and the SHAP interpretations are  
206 generated using the best-performing ML model. Nonlinear relationships identified in SHAP results are  
207 used to improve the baseline MNL model. Finally, the accuracy measures from both MNL models and  
208 ML models applied in this study are compared to evaluate model performance. The joint insights from  
209 the improved MNL model and SHAP interpretation are used to provide policy-relevant findings and  
210 recommendations in Section 3.

### 211 **2.1 Data Cleaning and Imputation**

212 In this study, the shipments originating from and/or attracting to the greater Austin region, including  
213 Austin-Round Rock (CFS code 48-12420), San Antonio-New Braunfels (CFS code 48-41700), and the  
214 remainder of Texas (CFS code 48-99999) are selected from CFS2017 (U.S. Census Bureau, 2020) as  
215 the primary data source to estimate the freight mode choice model. A shipment in CFS2017 is defined  
216 as a single movement of goods, commodities, or products from an establishment to a single customer  
217 or to another establishment owned or operated by the same company as the originating establishment.  
218 Each shipment record includes detailed shipment characteristics, such as shipment weights, distance,  
219 Standard Classification of Transported Goods (SCTG) commodity types, and industry code (NAICS)  
220 of the shippers. All of those characteristics are essential drivers of freight mode choice decision-  
221 making as discussed in the introduction. By surveying 103,877 establishments nationwide, a total  
222 number of 5,964,040 shipments are reported in CFS2017, providing a modal picture of disaggregated

223 national freight flows and representing the only publicly available source of multimodal commodity  
224 flow data (Bureau of Transportation Statistics et al., 2020).

### 225 **2.1.1 Data Cleaning and Pre-processing**

226 The raw Austin-region dataset consists of 253,810 shipments by 15 transportation modes. Several data  
227 cleaning measures are undertaken before model development to ensure data quality and practicality of  
228 model estimation. First, the modes representing less than 0.3% of the sample are dropped due to their  
229 low market share. Therefore, modes such as waterways and pipelines are excluded. Samples with  
230 missing critical information, such as shipment weights and commodity types, are also excluded. In  
231 addition, the data removal rules described by Stinson et al. (Stinson et al., 2017) are applied to remove  
232 potentially erroneous records, such as air shipments above 15,000 lbs or rail shipments less than 1,500  
233 lbs. Finally, international shipments are excluded due to gaps in generating factors (e.g., travel time  
234 and cost) to account for their shipping characteristics. The remaining shipments are categorized into  
235 five modes, including **(1) for-hire truck, (2) private truck, (3) intermodal rail (both rail and**  
236 **InterModal truck+rail eXchange [IMX]), (4) air, and (5) parcel**. The two rail-based modes are  
237 combined into one rail intermodal (rail/IMX) mode, as each of them separately does not have a  
238 sufficiently large sample size and may lead to difficulty in estimation if modeled separately. The final  
239 sample size and mode split are summarized in Figure 2. The cleaned Austin data contains 247,073  
240 shipments, with 2.6% of samples removed as a result of the above-described data cleaning steps.

### 241 **2.1.2 Explanatory Variable Selection and Imputation**

242 The 2017 CFS dataset provides key shipment characteristics to be used as explanatory variables in  
243 mode choice models. The variables included for the model estimation, as well as their summary  
244 statistics by freight mode (weighted by CFS scaling factors), are provided in Table 1 and Figure 3.  
245 Regarding shipment distance, private trucks are typically used for short-distance shipments, while  
246 longer-distance shipments are often made by rail, parcel, and air. Regarding shipment weights, trucks  
247 (private and for-hire) are used more often for shipments greater than 150 lbs. Trucks' share declines  
248 and shifts to rail when shipment weights reach 30,000 lbs. Finally, both trucks and rail are more often  
249 used for shipping lower-value-density commodities, while parcel and air are more often used for  
250 higher-value goods. All of these factors play essential roles in freight mode decision-making and are  
251 included in the mode choice model.

252 Furthermore, several categorical variables are derived to reduce the dimensionality of the input  
253 features, including commodity type and industry type. The 41 commodity types in CFS2017 are  
254 grouped into five categories based on shared characteristics: (1) bulk commodities, (2) interim products  
255 and food, (3) fuels, fertilizers, and other chemical products, (4) manufactured goods, and (5) others  
256 unclassifiable commodities. The categorization of commodity types is presented in Appendix A Table  
257 A1. As shown in Figure 3, those commodity groups have different preferences for freight mode, with  
258 trucks and rail mainly adopted for bulk goods and parcel modes primarily used for manufactured goods.  
259 Regarding industry type, the 2-digit North American Industry Classification System (NAICS) codes  
260 of the shippers are used to represent broader industry types. As shown in Figure 3, the mining industry  
261 relies heavily on truck and rail/IMX modes, while retail, management and information industries prefer  
262 the parcel mode. The transportation/warehouse industry has a high parcel shipment share as CFS2017  
263 only surveyed freight trucking and warehousing establishments in this category (Bureau of  
264 Transportation Statistics et al., 2020). Those establishments mostly perform local pickup and delivery,  
265 sorting and terminal operations, and line haul, leading to substantial parcel shipments.

266 Besides the attributes obtained directly from CFS2017, two level-of-service variables, specifically  
267 shipping costs and shipping time, are used in the mode choice model. These variables are estimated  
268 based on methods described by Stinson et al. (Stinson et al., 2017) for truck and rail, and by Keya

269 (Keya, 2016) for air and parcel (as the former study combined air and parcel into a single mode). The  
 270 detailed parameters of shipping time and cost imputation are provided in Appendix A Table A2. As  
 271 those variables are imputed using empirical values and may not capture shipment-level variation, they  
 272 are included as generic variables in model estimation. The nonlinear relationships for mode preferences  
 273 by shipping time and costs are not explicitly studied in this work. Shipping time is composed of in-  
 274 vehicle travel time (IVTT) plus delays/idling time for most modes except for parcel. The IVTT is  
 275 estimated using distance and mode-specific average speed, as presented in Equation (1). The  
 276 delay/idling time are estimated using values from empirical studies.

$$t = t_0 + \frac{d}{v} \quad (1)$$

- 277 ●  $t$  is total shipping time
- 278 ●  $t_0$  is delay time
- 279 ●  $d$  is the distance in miles
- 280 ●  $v$  is the mode average speed in mph

281 For parcel mode, Keya (Keya, 2016) calculated that the shares of shipping speeds of overnight (1-day),  
 282 express (3-day) and ground service (5-day) were 18%, 9%, and 73%, respectively, based on FedEx  
 283 data. Shipments are randomly assigned to the three options using this time distribution. According to  
 284 Figure 3, private trucks and air are primarily used for shorter trips within the day, while for-hire trucks,  
 285 rail and parcel are more often used for multi-day shipments.

286 The shipping cost for all modes other than parcel is composed of a minimum charge and an elastic  
 287 charge based on the shipping rate and shipment quantify, as shown in Equation (2). The minimum  
 288 charge and shipping rate can vary by shipment characteristics, such as weight and distance.

$$C = \max(c_0, c_1 * x) \quad (2)$$

- 289 ●  $C$  is the total shipping cost
- 290 ●  $c_0$  is minimum charge
- 291 ●  $c_1$  is shipping rate
- 292 ●  $x$  is the quantity of shipment (weight for truck/rail or weight\*distance for air/parcel)

293 For parcel mode, an exponential function is applied to generate shipment cost based on parcel weight.  
 294 Based on Figure 3, shipping costs for parcel modes are generally cheaper, while for-hire trucks are  
 295 often more expensive.

## 296 2.2 Conventional Approach of Freight Mode Choice

297 Conventional discrete choice models are based on Random Utility Theory, which assumes decision-  
 298 makers select the alternative with the highest utility (Ben-Akiva and Lerman, 1985). Those utilities are  
 299 not known with certainty and are treated as random variables. In the case of freight mode choice, using  
 300 the MNL approach as presented in Equation (3), the utility  $U_{ik}$  of choosing mode  $k$  for shipment  $i$   
 301 takes the following form:

$$U_{ik} = v_{ik} + \varepsilon_{ik} = \alpha_k + \beta_k X_i + \gamma_k Y_{ik} + \delta Z_{ik} + \varepsilon_{ik} \quad (3)$$

- 302 ●  $U_{ik}$  is the utility derived from selecting mode  $k$  for shipment  $i$
- 303 ●  $v_{ik}$  is the systematic component of the utility
- 304 ●  $\varepsilon_{ik}$  is the unobserved error term, assumed to follow the Gumbel distribution
- 305 ●  $\alpha_k$  is the alternative-specific constant vector
- 306 ●  $X_i$  is the vector of shipment-level factors, including commodity group, shipper industry group,  
 307 shipment weight, and value density

- 308 •  $\beta_k$  is the alternative-specific coefficient vector associated with shipment-level attributes
- 309 •  $Y_{ik}$  is the vector of joint shipment-level and alternative-specific factors, notably shipment
- 310 distance (routed distances for truck and rail and great circle distances for parcel and air)
- 311 •  $\gamma_k$  is the vector of shipment distance coefficients
- 312 •  $Z_{ik}$  is the vector of imputed level-of-service factors, including travel time and shipping costs
- 313 •  $\delta$  is the generic coefficient vector for travel time and shipping costs

314 The probability  $p_{ik}$  of choosing mode  $k$  from a set of  $K_i$  available alternatives for shipment  $i$  can then  
 315 be specified as shown in Equation (4).

$$p_{ik} = \frac{\exp(v_{ik})}{\sum_{k \in K_i} \exp(v_{ik})} \quad (4)$$

316 Mode availability constraints are imposed to individual shipments to generate the available choice set,  
 317  $K_i$ , based on the following rules, as suggested by CFS2017 data:

- 318 • Parcel mode is only available to shipments below 150 lbs.
- 319 • Air mode is only available to shipments below 410 US tons.
- 320 • Private truck mode is only available to shipments within 500 miles.

## 321 2.3 Machine-Learning Guided Approach

322 The second pathway to estimate the freight mode choice model is using the insights from ML classifiers  
 323 to improve the specifications in MNL models. This approach provides broader benefits beyond  
 324 improving model prediction accuracy demonstrated in prior studies (Zhao et al., 2020; Uddin et al.,  
 325 2021; Javadinasr et al., 2023). It also offers a practical way of visualizing and understanding the  
 326 complex relationships between various factors and behavioral outcomes and capturing those complex  
 327 relationships into the conventional logit model structure.

### 328 2.3.1 Machine-Learning Method Selection and Estimation

329 In this study, three tree-based ML methods are selected for the freight mode choice estimation due to  
 330 their (1) suitability for resolving nonlinear relationships observed in high-dimensional data with high  
 331 accuracy, and (2) seamless connection with SHAP TreeExplainer (Lundberg et al., 2020) to ensure  
 332 interpretability. Tree-based methods partition the factor space into a set of rectangles and then fit a  
 333 simple model (like a constant) in each one (Hastie et al., 2009). There are three major advantages of  
 334 the tree-based methods in the context of modeling freight mode choice: (1) tree-based methods have  
 335 advantages in handling mixed data types, missing values, and outliers, which are known issues within  
 336 CFS data (Bureau of Transportation Statistics et al., 2020); (2) tree-based methods are computationally  
 337 efficient and do not require intensive computational resources; and (3) when boosted or ensembled,  
 338 tree-based methods can fit high-dimensional data with high accuracy. In previous applications, tree-  
 339 based models consistently outperformed standard deep learning models on tabular-style datasets where  
 340 features are individually meaningful and do not have strong multi-scale temporal or spatial structures  
 341 (Lundberg et al., 2020). They also outperform many other ML classifiers and achieve similar accuracy  
 342 to Deep Neural Networks in the area of travel behavior (Wang et al., 2021). Therefore, they are  
 343 promising in predicting mode choice with the CFS2017 data. Specifically, the following tree-based  
 344 ML models are selected for this study:

345 **Random forest (RF):** RF (Breiman, 2001) is a substantial modification of bagging that builds a large  
 346 collection of de-correlated trees and then averages them. RF often performs similarly to boosting  
 347 methods, and they are simpler to train and tune. In a previous benchmark effort comparing the  
 348 performance of various ML and discrete choice models in travel behavior studies, the RF method was

349 the most computationally efficient, thus balancing between prediction and computation (Wang et al.,  
350 2021).

351 **Boosting Trees:** The motivation for boosting was a procedure that combines the outputs of many  
352 “weak” classifiers to produce a powerful “committee”, by constructing an ensemble predictor using  
353 gradient descent in a functional space (Hastie et al., 2009; Prokhorenkova et al., 2017). There are many  
354 implementations of boosting tree classifiers, such as XGBoost, pGBRT, LightGBM, and CatBoost  
355 (Chen and Guestrin, 2016; Prokhorenkova et al., 2017). In this study, two boosting tree methods are  
356 selected due to their scalability for large datasets and demonstrated model accuracy in prior studies.

- 357 • **XGBoost:** XGBoost is a scalable ML system for tree boosting, which is computationally  
358 efficient, provides scalable solutions to many complex problems, and is suitable for handling  
359 sparse data (Chen and Guestrin, 2016). Those advantages are particularly relevant for the  
360 freight mode choice model, especially given that most shipments are heavily skewed towards  
361 regional travel, manufactured products, and a subset of industries, as indicated in Table 1.
- 362 • **CatBoost:** CatBoost is another tree-based boosting method that implements an ordered  
363 boosting algorithm for processing categorical data (Prokhorenkova et al., 2017). With such an  
364 implementation, CatBoost addresses the ‘prediction shift’ of other boosting methods, in which  
365 the distribution of prediction shifts from training data to testing data. CatBoost often  
366 outperforms other boosting methods in modeling categorical data and thus is selected for  
367 estimating the freight mode choice model.

368 The selected ML methods are trained and tested in Python, using input factors described in Table 1. A  
369 stratified sampling is used to generate the 80%/20% training/testing split by mode to include sufficient  
370 observations within each mode. The hyperparameter selection and cross-validation are performed  
371 using the ‘HalvingGridSearchCV’ function from Python’s ‘scikit-learn’ package (Pedregosa et al.,  
372 2011) on training data. Essential model hyperparameters, such as learning rate, regularization terms  
373 and tree size, are selected to provide the highest cross-validation accuracy. Model performances are  
374 demonstrated using the out-of-sample testing data.

### 375 2.3.2 Model Interpretation and Enhancing Specification using SHAP TreeExplainer

376 Besides accuracy, these ML methods are also expected to be interpretable and explain how the model  
377 uses the input features to make predictions (Lundberg et al., 2017). While the tree-based method  
378 provides feature importance to rank the global contributions of input factors on the output, there often  
379 lacks a way to provide local explanations that show the direction of impacts of input factors on  
380 individual predictions or interactions among input factors. To address this, the SHAP TreeExplainer is  
381 introduced to provide local explanation for tree-based models (Lundberg et al., 2020). It facilitates the  
382 exact computation of optimal local explanations for tree-based models, captures factor interaction, and  
383 provides a set of visualization tools to understand global model structure based on local explanations.  
384 In TreeExplainer, Shapley values (the attributions of output to factors) are computed by introducing  
385 each factor into a conditional expectation function  $f_x$  of the output as presented in Equation (5).

$$f_x = f_x(S) \approx E[f(x)|x_S] \quad (5)$$

- 386 •  $f(\cdot)$  is the estimated model
- 387 •  $x$  is a specific input
- 388 •  $S$  is the subset of factors (or independent variables)

389 Using the conditional expectation functions in Equation (5), the Shapley values in TreeExplainer are  
390 defined as in Equation (6).

$$\phi_i(f, x) = \sum_{S \subseteq N \setminus \{i\}} \frac{|S|! (M - |S| - 1)!}{M!} [f_x(S \cup \{i\}) - f_x(S)] \quad (6)$$

- 391 •  $\phi_i(f, x)$  is the attribution (or Shapley value) of  $i^{\text{th}}$  factor to tree-based model  $f$  among input  $x$
- 392 •  $N$  is the set of all factor ordering
- 393 •  $S$  is the subset of all factors that do not include factor  $i$
- 394 •  $M$  is the number of input factors for the model

395 After calculating the SHAP values for ML classification models, the attribution of each factor towards  
 396 the preference of each mode,  $\phi_i(f, x)$  can be generated for each observation to understand the local  
 397 impact of these factors. A series of SHAP visualization tools is demonstrated in Figure 4, using SHAP  
 398 values from the CatBoost model, to illustrate how to interpret ML outcomes using TreeExplainer and  
 399 to leverage those insights for MNL specifications. First, an example of SHAP interpretation of a single  
 400 observation is provided in Figure 4(a), which illustrates the SHAP values for a single shipment and  
 401 selection of a single mode. The model output of the single shipment, in this case, the log odds of  
 402 choosing private truck, is captured in the blue line. The expected log odds corresponding to values on  
 403 the x-axis are generated after introducing each factor, and the final values after including all factors is  
 404 color coded on the line. Each row represents how individual factors shift the model output to its final  
 405 values; for example, travel time and distance decrease the log odds of choosing private truck while  
 406 shipment weight increase its log-odds. The value in parenthesis annotates the current values of each  
 407 factor, for example, the distance is around 900 miles for this shipment. Overall, most factors contribute  
 408 negatively to the log odds of choosing private trucks, with travel time having the largest negative  
 409 impact. Some factors do not affect the preferences of selecting private trucks in this case, such as all  
 410 the industry indicators. After performing a logit conversion of the model output and decomposing  
 411 factor contributions by the probability of choosing private truck in Figure 4(b), the trends are even  
 412 clearer. Introducing travel time to the model led to the expected probability of choosing private truck  
 413 shift from 0.6 to 0.1, while distance, travel cost and value density also contributed negatively but to a  
 414 lesser extent. In summary, SHAP TreeExplainer helps define how the combination of input factors  
 415 contributes to individual observations, and is useful to help users understand the local effects of various  
 416 factors in estimating results.

417 To support the specification of the MNL, which captures the global trends of all observations, the  
 418 SHAP interpretations of each observation and mode need to be ensembled to generate the final insights.  
 419 In addition, the SHAP value is calculated using output log odds of choosing each mode from the ML  
 420 model, which provides a direct connection between the SHAP interpretations from the ML model and  
 421 functional forms of mode utilities in MNL model. Three sets of summary results are provided to show  
 422 the relationship between the predicted outcomes and input factors (Lundberg et al., 2020), and can be  
 423 used to guide the development of MNL specifications:

#### 424 (a) Global measure of feature importance for variable selection

425 Global feature importance is generated by averaging the absolute SHAP values across the entire  
 426 dataset, as illustrated in Figure 4(c). It indicates the global importance of all input factors and is often  
 427 used as a reference for variable selection. The variables with ‘**CMD**’ refers to the commodity types,  
 428 while variables with ‘**IND**’ are industry indicators. The factors ranked on the top of the figure, such as  
 429 travel time, distance and cost, has substantial impacts on mode selection, and should be kept in MNL  
 430 specifications. The lower-ranked factors with low feature importance, such as management and  
 431 information industry, have negligible impacts on the results and can be dropped from model  
 432 specifications.

#### 433 (b) One-dimensional scatter plots (or Beeswarm plots) for identifying the direction of impacts

434 The Beeswarm plots provide both the magnitude and prevalence of a factor's effect for each output  
435 class as illustrated in Figure 4(d). Each point represents the SHAP values of a single factor towards  
436 each mode within a single observation, and the vertical spread of each swarm represents the density of  
437 the points. The direction of such effects can also be revealed by adding color that reflects the raw factor  
438 values. The directions of impacts are labeled for the top 8 influential factors, based on the sign of SHAP  
439 values under various factor values. For example, lower travel time tends to have positive SHAP values  
440 on log odds of private trucks, suggesting a negative correlation between travel time and preference  
441 towards private trucks. The Beeswarm plots can be used to validate the direction of impacts in MNL  
442 estimations, and to identify potential mixed impacts if no clear directions are identified in the plots.

### 443 (c) Dependence plots of individual features for nonlinearity identification

444 Plotting the factor's values on the x-axis and the factor's SHAP values on the y-axis for all observations  
445 produces a SHAP dependence plot that shows how much a selected factor impacts the prediction of a  
446 candidate mode, as illustrated in Figure 4(e). By color-coding each dot with a secondary factor, the  
447 interactive effects of several factors can also be revealed. The direction of the scatter shows the  
448 direction of impacts for selected factors, with a downward trend indicating the negative impacts of this  
449 factor on selecting the specific modes, and vice versa. The slope of the scatterplots indicates if potential  
450 nonlinearity is observed for selected factors on choosing this mode, and intervals of factor values with  
451 different slopes suggest potentially heterogeneous effects to be captured by MNL. The vertical spreads  
452 under fixed factor values indicate the degree of interactive effects associated with this factor value,  
453 color-coded by factors with the highest interactive effects. The dependence plots are useful in  
454 determining nonlinear functional forms of mode-specific variables in MNL specifications, and the  
455 turning points of SHAP dependence plots can be used to define the nonlinear bins in MNL. The color  
456 code from SHAP can also inform potential interactive factors to be included within MNL  
457 specifications.

458 In summary, the insights from SHAP TreeExplainer can be used to enhance the specifications of the  
459 MNL model. The potential new specifications may include (1) selecting factors based on feature  
460 importance, (2) generating nonlinear specifications, such as using binary variables with binning/turning  
461 points identified from SHAP dependence plots, and (3) adding interaction terms. Not all the observed  
462 relationships can be estimated in the MNL model, as an MNL has a much longer run time and becomes  
463 computationally impossible to fit with large sample sizes, high input dimensions, or simulation-based  
464 estimation (Wang et al., 2021).

465 Finally, the performances of each model (both MNL and ML) are evaluated using several accuracy  
466 measures on the out-of-sample testing dataset, including overall accuracy, precision, recall, and F1-  
467 Score. The accuracy measures can be combined for all modes either through the flat average of mode-  
468 specific measures (macro average) or weighted by sample size in each mode (weighted average). The  
469 detailed formulation of each performance metric can be found in Appendix B of the supplementary  
470 materials. In addition, result interpretations from best-performing ML and MNL models are also  
471 compared against each other to investigate if both models suggest similar mode preferences with  
472 respect to key influential factors. The directions of impacts from both sets of models are compared,  
473 together with findings from empirical studies, to examine if correlation derived from ML is supported  
474 by causal relationships defined through the econometric approach and if convergences can be drawn  
475 from two distinct approaches.

## 476 3 Results

477 The methodology described above is implemented in the Austin region to develop MNL and ML  
478 models and provide insights into freight mode choice decision-making. Specifically, a baseline MNL  
479 model ('bMNL') is estimated using the conventional approach described in Section 2.2, while an

480 advanced MNL ('aMNL') is estimated with ML-guided improvements to the baseline as described in  
481 Section 2.3. In this section, the model performances of both MNL and ML models are compared to  
482 evaluate the accuracy of different approaches. Next, results from SHAP TreeExplainer are  
483 demonstrated with the best-performing ML model to investigate the relationships between various  
484 factors and freight mode choice. Finally, the bMNL and aMNL results are compared to the insights  
485 from the SHAP interpretation. The final conclusions and recommendations are drawn based on the  
486 SHAP results and the aMNL estimations.

### 487 **3.1 Performance Measures**

488 The performance measures of all models are illustrated in Figure 5, with performance metrics generated  
489 from out-of-sample testing data. Regarding overall classification accuracy, RF and CatBoost have the  
490 highest accuracy, followed by XGBoost, and the tree-based models outperform the MNL models. The  
491 aMNL has higher accuracy than the bMNL, with additional parameters capturing nonlinear  
492 relationships. Regarding detailed accuracy measures such as precision, recall and F1-Score, MNL  
493 models generally have lower accuracy than ML models. The aMNL model provides a better balance  
494 between precision and recall (as they move in opposite directions) compared to the bMNL, leading to  
495 slightly higher F1-Scores in aggregate. Finally, regarding accuracy by modes, ML methods generate  
496 accurate predictions for all modes, while the accuracy of the two truck modes are slightly lower (as  
497 they share great similarities and existing factors may be insufficient to distinguish them). Compared  
498 to ML, MNL models have larger prediction errors with respect to air and rail/IMX modes, potentially  
499 due to their low sample size. The aMNL model helps improve F1-Scores for for-hire truck and rail  
500 compared to the bMNL, while F1-Scores for other modes do not change. In general, ML models  
501 outperform MNL models in all performance measures, but partially including the nonlinear  
502 relationship into the MNL specifications helps increase the accuracy of MNL.

### 503 **3.2 Machine Learning Model Performance and Interpretation**

504 In this study, SHAP interpretations are generated from the CatBoost model for a close examination of  
505 the results. Among the three ML models, CatBoost demonstrates the best performance (and is similar  
506 to RF) and supports the exact estimation of SHAP values (while SHAP values of the RF model can  
507 only be approximated due to high computational burden). The outputs of CatBoost provide log odds  
508 for each output class (freight mode in this study), and SHAP values are estimated for each mode to  
509 demonstrate the attribution of factors to expected log-odds for all five freight modes (regardless of  
510 mode availability). Positive SHAP values indicate increases in the log-odds of the predicted freight  
511 mode, or preferences towards this mode, and vice versa. First, the global feature importance using  
512 mean SHAP values is shown in Figure 4(c), color-coded by mode to show the attribution of those  
513 factors to each freight mode. Travel time, cost, shipment weight, distance, and value density are the  
514 top-5 factors that majorly affect freight mode choice. Industries such as management, information, and  
515 mining have negligible impacts on freight mode choice, potentially due to their low presence in the  
516 region as indicated in Table 1.

517 Next, the Beeswarm plots in Figure 6 demonstrate the importance ranking of input factors and the  
518 direction of impacts toward each freight mode. The factors on the top with a wider range of SHAP  
519 values are the most important factors influencing a selected freight mode; the density of the dots shows  
520 the numbers of observations, and the color of the dot shows in which direction the factor drives the  
521 mode choice. For for-hire trucks, which is used as the base alternative in MNL, higher shipment weight  
522 and distance increase the likelihood of choosing for-hire truck while higher value density decreases the  
523 preferences towards this mode. The shipment distance has the opposite impacts on private versus for-  
524 hire trucks, while impacts of other top influential variables remain similar between the two truck  
525 modes. Rail mode shows great similarity to for-hire trucks in terms of major factors and directions of



526 impact, except that travel time is often positively correlated with rail due to its longer delays. Air and  
527 parcel modes show different use cases from truck and rail, and are more likely to be used for high-  
528 value and light-weight goods. Most industry and commodity variables show relatively small impacts  
529 on the mode selection. A few notable findings include shipments containing manufactured goods or  
530 from manufacturing industries exhibit a negative preference towards private trucks and a positive  
531 preference for air. All of these relationships are aligned with observed trends from Figure 3. Finally,  
532 the Beeswarm plots suggest some nonlinear relationships between factors and mode selection,  
533 especially when asymmetrical positive versus negative SHAP values are observed. For example, in  
534 the case of rail mode, the higher shipment weight segment has a long tail of positive SHAP values,  
535 while the lower weight segment has negative SHAP values close to 0, suggesting the higher weight  
536 segment has a more profound impact on choosing rail.

537 The dependence plots in Figure 7 provide a clear view of intricate relationships between each freight  
538 mode and top influential continuous factors (excluding travel time and cost, as they are imputed and  
539 not individual-specific). The shapes of the curves show the relationship between input factors and  
540 predicted log-odds of freight mode. The vertical spread at a fixed factor level indicates how much  
541 interactive effects of the selected factor has with other factors towards freight modes. Some of the plots  
542 are zoomed in to show the location of turning points (e.g., air and parcel modes are mostly used for  
543 small shipments, so the ranges of weight are truncated). For distance, weight, and value density, almost  
544 all the relationships demonstrated are nonlinear, and some are non-monotonic. In general, when  
545 distance increases, the likelihood of private trucks decreases, while the likelihood of for-hire trucks  
546 and air increases. Rail and parcel modes show some mixed and non-monotonic changes. However,  
547 after a 500-mile range, the SHAP curves turn flat for almost all modes, and the increment of distance  
548 no longer causes major shift in mode preferences. For shipment weight, the likelihood of choosing  
549 truck and rail increases with higher weights while the likelihood of parcel and air decreases. For all  
550 freight modes, there appears to be a weight threshold (e.g., 150 lbs. for air), and the level of impacts  
551 almost stay constant after that threshold. For value density, the directions of impacts under low-value  
552 density ( $\leq$  \$5/lb.) are mixed, especially for for-hire trucks and rail. The level of impacts almost  
553 remains constant after \$25/lb., and additional value density does not seem to bring substantial changes  
554 to the mode preferences. Finally, some interesting interactive effects are also observed in Figure 7. For  
555 example, for private trucks, the SHAP values under the low distance range with longer travel time  
556 (perhaps long-haul trips across the region) declined faster than the curve under short travel time. This  
557 suggests that private trucks are less preferred if the trips are external to the region and face more  
558 potential delays. A similar relationship is also found in for-hire trucks, as longer travel time with  
559 overnight delay will discourage the use of for-hire trucks under the same distance range. For the two  
560 truck modes, the changes of impacts of value density are much less under the long travel time cases,  
561 potentially due to elevated travel costs in those cases offsetting the attributions of value density.  
562 Similarly, for air mode, the SHAP values of value density are lower under the longer travel time cases,  
563 suggesting that the longer travel time lowers the likelihood for air even if the value density is high.  
564 Finally, for air mode, the SHAP curve of weight is also flat under the long travel time case, and the  
565 influence from weight is less significant when travel time is high. Those interactive effects may result  
566 from how the travel time and costs are imputed and their high correlation with other factors.  
567 Nevertheless, as travel time and costs capture major differences in modal service quality and have  
568 potential impacts on mode choice, they should be collected in future survey efforts to advance the  
569 modeling practice.

### 570 **3.3 MNL Model Results and Comparisons of Interpretation**

571 Without considering insights from SHAP, bMNL is estimated using all the factors, combined with  
572 necessary binning to prevent collinearity of variables (e.g., the weight bins are adopted to prevent  
573 collinearity with shipping costs). The estimation results are provided in Table 2. Overall, the bMNL

574 model has a reasonable performance with adjusted  $\rho^2 = 0.567$ . Most coefficients are aligned with the  
575 SHAP values in terms of directions of impacts, with some nuances to interpretation needed as MNL  
576 models capture relative preferences compared to the omitted alternative while the SHAP values reflect  
577 the absolute preferences towards all individual modes. Therefore, for example, although long distance  
578 generally increases the preference for rail, it is still less preferred than for-hire truck and thus has a  
579 negative coefficient in bMNL. In general, the results from MNL models do not capture the intricate  
580 relationship demonstrated in Figure 7. For example, the value density has non-monotonic and  
581 substantial impacts on rail, while bMNL does not generate a significant result due to such a mixed  
582 effect. For parcel, bMNL fails to generate a significant coefficient for value density, despite the strong  
583 impacts indicated in Figure 7. Rather, several industry indicators such as management and information  
584 have significant estimation. Those low-impact factors may be correlated with more influential factors,  
585 thus absorbing their effects and the estimated coefficients may be arbitrary and can mislead the result  
586 interpretation.

587 Next, the insights from the SHAP interpretation are incorporated to revise the specifications of the  
588 bMNL model to improve its performance, and the estimation results of the aMNL model are provided  
589 in Table 3. Overall, with four more parameters estimated, the aMNL model achieves higher adjusted  
590  $\rho^2 = 0.576$  than the bMNL model. The likelihood ratio test also suggests aMNL is significantly better  
591 than bMNL at the 99% confidence level. The SHAP results help remove nine low-impact factors, such  
592 as most industry indicators for parcel and rail. In addition, binned specifications are introduced for  
593 distance and value density for most modes, which helps reveal significant relationships between those  
594 modes and explanatory factors. In general, the directions of impacts for majority of variables aligned  
595 with SHAP interpretations from CatBoost model as illustrated in Figure 6 and Figure 7. There are a  
596 few exceptions where trends are visible in Figure 7 but are not found to be significant in aMNL models,  
597 such as long distance for air, potentially due to lack of observations and impacts from confounding  
598 factors.

599 For shipping distance, after using a piecewise linear function for parcel in aMNL, the linear portion  
600 under the low distance range shows a higher coefficient than the bMNL model, indicating more  
601 substantial impacts of distance during this range for choosing parcel over for-hire truck. Also, after  
602 applying a binned approach for rail distance, the aMNL model demonstrates a significant positive  
603 impact of distance on rail within the 500-mile range, which is aligned to the interpretations from  
604 CatBoost in Figure 7 and similar to findings from a prior study (Pourabdollahi et al., 2013). The  
605 disutility of distance in aMNL for private trucks over for-hire trucks remains unchanged compared to  
606 bMNL, and consistent with SHAP interpretations and findings from the prior study that adopts CFS  
607 and same truck mode definitions (private versus for-hire trucks) (Keya et al., 2019).

608 For value density, after introducing bins into the specification, both parcel and rail have significant  
609 coefficients estimated in aMNL. For parcel, although value density already shows some positive  
610 impacts in choosing parcel under a low value-density range, the coefficient of value density within \$5-  
611 25/lbs. is even larger than values below \$5/lbs. After \$25/lb., a positive constant coefficient is  
612 estimated, and adding more value density does not further increase the likelihood of parcel. The  
613 increasing likelihood of choosing parcel and air under higher value density is also aligned with findings  
614 from prior studies, where modes like air that carry smaller shipments are preferred for high-valued  
615 goods (de Jong and Ben-Akiva, 2007; Pourabdollahi et al., 2013). For rail, value density has negative  
616 impacts on rail preference if lower than \$1/lb., but the impacts become positive if value density is  
617 between \$1-\$10/lb., which is aligned with the mixed influences in Figure 7. In prior studies, it has been  
618 shown that preference for rail over trucks generally decreases with a higher value of goods (Jensen et  
619 al., 2019), while results in this study provide a more complex response to value density for rail mode.  
620 The coefficient for private truck only shows a constant negative impact under the high-value density  
621 case.

622 For shipment weight, while the original weight bin definitions are kept, a linear weight specification is  
623 applied to the lowest weight bin to capture greater sensitivity to weight within that range. In general,  
624 those weight bins capture major turning points as indicated in Figure 7, with estimated coefficients  
625 remaining similar. Incorporating weight multipliers help explain the strong negative impacts of weight  
626 on air and parcel modes, and the positive impact on private trucks within the low-weight range. While  
627 numerous prior studies have performed joint modeling of shipment size bin and mode choice (de Jong  
628 and Ben-Akiva, 2007; Pourabdollahi et al., 2013; Stinson et al., 2017; Keya et al., 2019), the results  
629 from this study suggest the preferences of modes (especially air and parcel) are highly sensitive to  
630 weight and more disaggregated specification of shipment size for these modes is potentially needed.  
631 Finally, the positive impact of weight on choosing rail over truck has been demonstrated in prior studies  
632 (Samimi et al., 2011), while the results from this study further demonstrate the more substantial impacts  
633 over higher weight range.

634 In general, the aMNL model provides more explanatory power for factors that displayed nonlinear  
635 relationships with mode choice compared to bMNL, and removes the factors that may mislead model  
636 interpretation. However, not all the SHAP relationships can be successfully implemented in MNL,  
637 potentially due to (1) lack of observations for some cases causing singularity in model estimation (e.g.,  
638 long distance interacted with multi-day travel of private trucks is omitted due to lack of sample); (2)  
639 collinearity among variables causing counterintuitive results for key factors. In this study, the  
640 maximum number of parameters with meaningful interpretation were retained in the aMNL model,  
641 capturing some of the most important non-linear relationships indicated by SHAP interpretations.

## 642 **4 Conclusions and Discussions**

643 In this study, we estimate a logit-based freight mode choice model using the CFS2017 survey, informed  
644 by results from state-of-the-art ML models and interpretable ML methods. The influential factors and  
645 their relationship with individual freight modes are identified using ML and SHAP TreeExplainer and  
646 applied to the MNL model specification to improve its performance. The workflow is demonstrated  
647 using a case study for Austin, Texas. In general, ML models outperform MNL in both overall accuracy  
648 and mode-specific accuracy measures. By applying the CatBoost model and SHAP TreeExplainer, we  
649 evaluate the relationship between the predicted outcomes and input features and then identified factors  
650 like travel time, cost, shipment distance, weight, and value density as the most influential. In contrast,  
651 industries such as management, information, and mining show negligible impacts on mode selection.  
652 For shipment distance, weight, and value densities, non-linear relationships are observed across all  
653 modes. Additionally, value densities display mixed, non-monotonic impacts on the selection of both  
654 rail and for-hire trucks. Upon applying some of those insights to refine the MNL specifications, the  
655 MNL model's interpretability and accuracy surpass that of the baseline model. Moreover, the advanced  
656 MNL model reveals significant and complex relationships that are hidden in the baseline model, such  
657 as the impact of value density on the selection of rail and parcel. The directions of impacts yielded by  
658 the aMNL and CatBoost results are often aligned with findings from empirical studies, and help reveal  
659 more intricate relationships between some factors and mode preferences.

### 660 **4.1 Contributions to Freight Mode Choice Applications**

661 The methodology and results from this study can help advance freight mode choice applications in  
662 several ways. First, the comparison of results interpretations in this study demonstrates some  
663 convergence between MNL and ML results since the insights from the two approaches are generally  
664 aligned with each other. Some of the nuanced trends from ML methods may not lead to significant  
665 parameter estimates in MNL, but the major trends/behavior preferences can be captured in MNL and  
666 supported by a more theory-based approach. Although ML methods cannot be directly used to  
667 demonstrate causal relationships, the joint insights from ML and ML-guided MNL approaches suggest

668 ML methods are still useful in identifying potential hypotheses for testing in econometric approaches.  
669 Second, ML methods combined with SHAP interpretations can also help prioritize highly influential  
670 factors and vice versa. This approach enhances the refinement of MNL models, helps prevent arbitrary  
671 variable selection, and reduces the risk of incorrect interpretation caused by confounding factors. It  
672 also saves time and effort needed to develop MNL specifications, which is pertinent to users and  
673 practitioners that operate within a limited timeframe and computational resources, as training discrete  
674 choice models on a large dataset can be computationally challenging (Wang et al., 2021). Furthermore,  
675 the ML methods and SHAP interpretations approach serve as more practical and intuitive methods for  
676 data exploration, in addition to the conventional cross-tabulation approach and often more aggregate,  
677 and is especially powerful in revealing individual-level heterogeneity of preference instead of only  
678 showing generalized trends (Lundberg et al., 2020). Finally, the technical workflow demonstrated in  
679 this paper could also support freight model choice modeling in other regions or countries with  
680 analogous data, thereby advancing the state of the practice in this domain.

## 681 **4.2 Policy Implications**

682 The findings from this study can help inform freight-related policymaking, and deepen the  
683 understanding of how potential policies might influence mode shift and subsequent transportation  
684 externalities (e.g., congestion, energy, emissions) in specific contexts. First, by including non-linear  
685 relationships into model specification and achieving better accuracy, the MNL model becomes more  
686 helpful in revealing complicated trade-offs between mode selection and influential factors. For  
687 example, with a non-linear relationship between weight and air/parcel, the bundling or consolidation  
688 of packages may have greater impacts on mode shift from air/parcel to trucks in lower weight range  
689 versus higher weight packages. On the other hand, policies targeting very long distance, heavy  
690 shipments or high-valued goods may be less effective as the preferences towards each mode are more  
691 stable in those ranges, and additional changes of those factors do not lead to sizeable mode shift. By  
692 further integrating the freight model choice model derived in this study with traffic simulation tools  
693 (Spurlock et al., 2024), the system-level impacts of those policies can be further investigated at the  
694 regional level, such as congestion mitigation, energy efficiency and environmental impacts. Finally,  
695 from a theoretical perspective, the empirical findings and domain knowledge derived from various  
696 contexts and datasets can serve as a *priori*, whereas the findings from interpretable ML methods can  
697 provide additional evidences or insights into the trends from a specific dataset as *posteriori*. Both sets  
698 of insights and findings are valuable for developing a comprehensive understanding of the mechanism  
699 of freight mode choice and supporting MNL model estimation, interpretation and amendment.

## 700 **4.3 Future Research Directions**

701 The findings and insights drawn from this study are constrained by the limited number of factors  
702 available from the survey data, with potential impacts of unobserved factors yet to be revealed through  
703 future work. Additional influential factors, such as shipping reliability and quality of service (Holguín-  
704 Veras et al., 2021), should be accounted for in the model if available from more recent data source. In  
705 addition, the current analysis is based on the 2017 data, and the prevalence of freight modes is  
706 constantly changing, especially due to the COVID-19's disruptions on road, air and rail freight  
707 transportation (Borca et al., 2021; Khan et al., 2022). The freight mode choice model will be revisited  
708 and updated if more recent data and additional attributes become available.

709 The existing methodology can also be further enhanced to achieve better modeling performance and  
710 advance our understanding of freight mode choice behavior. Potential future work includes (1)  
711 improving the travel time and cost estimation by incorporating local transportation data, either  
712 observed or modeled, to enhance the accuracy of the model and capture the local congestion patterns;  
713 (2) exploring other high-performance ML models, such as deep neural network and the ensemble of

714 several ML classifiers, to further improve the model accuracy and reveal additional complex  
715 relationships potentially not yet discovered in current models; (3) generating policy insights by running  
716 the estimated model under potential policy scenarios and measure the effectiveness of those policies  
717 in shifting freight mode choice behavior, and (4) utilizing SHAP interpretations on advanced forms of  
718 discrete choice models that can better capturing heterogeneity of mode preferences, such as mixed logit  
719 model or latent class models, and developed more automatic and streamlined ML and discrete choice  
720 model integration pipeline that improves both prediction accuracy and result interpretability.  
721 Furthermore, if a panel survey on freight decisions is available, the ML and SHAP interpretations can  
722 help reveal the complex decision-making process of mode choice through time under changing  
723 firmographics and economic trends. A prior study has applied SHAP interpretation on panel survey of  
724 vehicle ownership, and revealed how major life events can affect household vehicle ownership  
725 decisions (Jin et al., 2022). If such panel data is available for freight movements, similar techniques  
726 can be used to identify how major firm events (relocation, revenue growth), economic trends and  
727 infrastructure development can affect the preferences towards each freight mode. These improvements  
728 will require additional data, computational resources, and inputs from stakeholders and experts, paving  
729 the way for a more profound understanding of the domain.

## 730 **5 Conflict of Interest**

731 The authors declare that the research was conducted in the absence of any commercial or financial  
732 relationships that could be construed as a potential conflict of interest.

## 733 **6 Author Contributions**

734 The authors confirm their contribution to the paper as follows: study conception and design: all authors;  
735 data collection: H. Yang, X. Xu; analysis and interpretation of results: X. Xu, H. Yang, W. Bui, K.  
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861

## 862 **9 Supplementary Material**

863 Supplementary Material should be uploaded separately on submission, if there are Supplementary  
864 Figures, please include the caption in the same file as the figure. Supplementary Material templates  
865 can be found in the Frontiers Word Templates file.

## 866 **10 Data Availability Statement**

867 The raw data supporting the conclusion of this article and corresponding scripts are available on:  
868 [https://github.com/LBNL-UCB-STI/SynthFirm/tree/main/mode\\_choice/ML\\_and\\_SHAP](https://github.com/LBNL-UCB-STI/SynthFirm/tree/main/mode_choice/ML_and_SHAP).



869 **Figure Captions**

870 Figure 1. Workflow of freight choice modeling with interpretable machine learning methods

871 Figure 2. Summary of sample size and mode split in cleaned Austin CFS data

872 Figure 3. Summary of freight mode split by selected explanatory variables

873 Figure 4. Illustration of SHAP TreeExplainer interpretations

874 Figure 5. Performance comparison of all models on testing data

875 Figure 6. Local feature importance of input factors by mode

876 Figure 7. Dependence plots for selected factors

877

In review

**Table 1. Summary statistics for selected explanatory variables (Blue - lowest, Red - highest)**

Variable	Variable Definition	Mean and standard deviation (std. in parenthesis)					
		All modes	Air	Parcel	Private truck	For-hire truck	Rail
Distance	Shipment distance in miles	618.20 (582.00)	1,098.55 (514.88)	902.51 (509.58)	67.36 (91.74)	424.42 (564.84)	1,294.15 (566.07)
Weight	Shipment weight in lb	2,857.51 (71,411.46)	10.65 (56.16)	8.51 (16.81)	4,627.98 (17,110.55)	7,193.22 (16,598.42)	190,381.10 (1,467,300.60)
Value Density	Value density in \$/lb	34.62 (386.10)	136.94 (694.78)	45.92 (480.33)	10.68 (64.22)	27.05 (266.71)	1.05 (3.51)
Shipping Cost	Imputed shipping cost in \$	53.51 (226.49)	57.03 (50.35)	37.60 (45.07)	30.46 (98.70)	132.32 (503.36)	94.83 (25.73)
Shipping Time	Imputed shipping time in hr	64.24 (49.93)	14.00 (0.94)	99.16 (36.87)	12.74 (6.23)	24.35 (19.66)	94.83 (25.73)
Commodity-Bulk	Bulk goods	0.028 (0.165)	0.003 (0.056)	0.009 (0.096)	0.037 (0.188)	0.070 (0.256)	0.526 (0.499)
Commodity-Fuel_fert	Fuel, fertilizer and chemical products	0.165 (0.371)	0.027 (0.161)	0.075 (0.264)	0.348 (0.476)	0.211 (0.408)	0.156 (0.363)
Commodity-Interim_food	Interim products and food	0.064 (0.245)	0.019 (0.136)	0.017 (0.131)	0.174 (0.379)	0.069 (0.254)	0.069 (0.253)
Commodity-Mfr_good	Manufactured goods	0.694 (0.461)	0.948 (0.222)	0.866 (0.341)	0.343 (0.475)	0.612 (0.487)	0.229 (0.420)
Commodity-Other	Other commodities	0.049 (0.216)	0.003 (0.059)	0.032 (0.176)	0.099 (0.298)	0.038 (0.191)	0.021 (0.142)
Industry-Wholesale	Wholesale industry	0.512 (0.500)	0.655 (0.475)	0.295 (0.456)	0.892 (0.310)	0.693 (0.461)	0.125 (0.331)
Industry-Manufacturing	Manufacturing industry	0.090 (0.286)	0.139 (0.345)	0.082 (0.274)	0.045 (0.208)	0.166 (0.372)	0.405 (0.491)
Industry-Mining	Mining industry	0.009 (0.093)	0.000 (0.000)	0.000 (0.000)	0.010 (0.098)	0.029 (0.169)	0.465 (0.499)
Industry-Retail	Retail industry	0.286 (0.452)	0.166 (0.372)	0.466 (0.499)	0.045 (0.207)	0.049 (0.216)	0.000 (0.000)
Industry-Information	Information industry	0.005 (0.068)	0.001 (0.031)	0.006 (0.076)	0.000 (0.021)	0.007 (0.082)	0.000 (0.000)
Industry-Mgt_companies	Management company industry	0.002 (0.041)	0.001 (0.024)	0.002 (0.048)	0.001 (0.025)	0.001 (0.035)	0.000 (0.004)
Industry-Trans Warehouse	Transportation and warehouse industry	0.097 (0.296)	0.039 (0.194)	0.149 (0.356)	0.007 (0.085)	0.054 (0.227)	0.004 (0.066)

1 **Table 2. Baseline MNL mode choice model estimation results for Austin, TX**

Variables	Mode (for-hire truck as the base)			
	Air	Parcel	Private Truck	Rail/IMX
ASC	-5.05***	0.472***	1.395***	-5.49***
Distance (mile)	0.002***	0.001***	-0.005***	-6.1e-5
Value density (\$/lb.)	1.4e-5***		-0.001***	
Weight between 150 and 1,500 lbs.	-3.211***			1.798***
Weight between 1,500 and 30,000 lbs.	-3.784***		0.044**	3.352***
Weight between 30,000 and 45,000 lbs.			-0.67***	2.627***
Weight greater than 45,000 lbs.			-1.207***	4.296***
Commodity is bulk		-1.107***	-0.78***	-2.094***
Commodity is fuel, fertilizer or other chemical		-0.77***	-0.338***	-1.296***
Commodity is interim product or food	-0.98***	-1.312***		-3.077***
Commodity is manufactured goods	0.882***		-0.912***	-1.458***
Information industry		0.126**	-0.968***	
Manufacturing industry		0.327***	-0.319***	-0.558***
Management industry		0.325***	0.202*	-2.185***
Retail industry	0.558***	2.459***	1.08***	
Transport and Warehouse industry				-2.311***
Wholesale industry			0.493***	-1.403***
Shipping Costs	-0.001***			
Shipping Time	-0.003***			
Number of parameters	47			
Number of observations	247,073			
Log-likelihood	-157,515			
Adjusted $\rho^2$	0.567			

2 Note: \*p<0.1, \*\* p<0.01, \*\*\* p<0.001

3

4 **Table 3. Advanced Austin-region MNL mode choice model using SHAP results**

Variables	Mode (for-hire truck as the base)			
	Red cell highlights removed variables in aMNL			
	Air	Parcel	Private Truck	Rail/IMX
ASC	-5.258***	0.237***	1.405***	-6.366***
Distance*(Distance <= 500 miles)	0.004***	0.004***	-0.005***	0.001***
Distance*(Distance > 500 miles)	0.002***	0.001***		
(Distance > 500 miles)				0.321***
Value density*(Value density <= \$5/lb.)	-0.114*	0.012	0.009	
(Value density > \$5/lb.)			-0.301***	
Value density*(\$5/lb.<Value density<= \$25/lb.)	0.039***	0.025***		
(Value density>\$25/lb.)	1.557***	0.372***		
Value density*(Value density <= \$1/lb.)				-0.223*
Value density*(\$1/lb.<Value density<= \$10/lb.)				0.124***
Weight*(Weight <= 150 lbs.)	-46.389***	-33.591***	2.815***	
Weight between 150 and 1,500 lbs.	-3.329***			
Weight between 1,500 and 30,000 lbs.	-3.619***			2.151***
Weight between 30,000 and 45,000 lbs.			-0.749***	1.606***
Weight greater than 45,000 lbs.			-1.281***	3.232***
Commodity is bulk			-0.732***	-1.273***
Commodity is fuel, fertilizer or other chemical		-0.329***	-0.248***	-0.843***
Commodity is interim product or food	-0.642**	-0.790***	0.144***	-2.681***
Commodity is manufactured goods	0.354***	0.089**	-0.847***	-1.049***
Information industry			-1.100***	
Manufacturing industry		0.155***	-0.375***	0.519***
Management industry				
Retail industry	-1.625***			
Transport and Warehouse industry				
Wholesale industry			0.469***	
Shipping Costs	-0.001***			
Shipping Time	-0.003***			
Number of parameters	51			
Number of observations	247,073			
Log-likelihood	-145,857			
Adjusted $\rho^2$	0.576			

5 Note: \*p<0.1, \*\* p<0.01, \*\*\* p<0.001

6

Figure 1.TIFF

### Workflow of freight choice modeling with interpretable machine learning

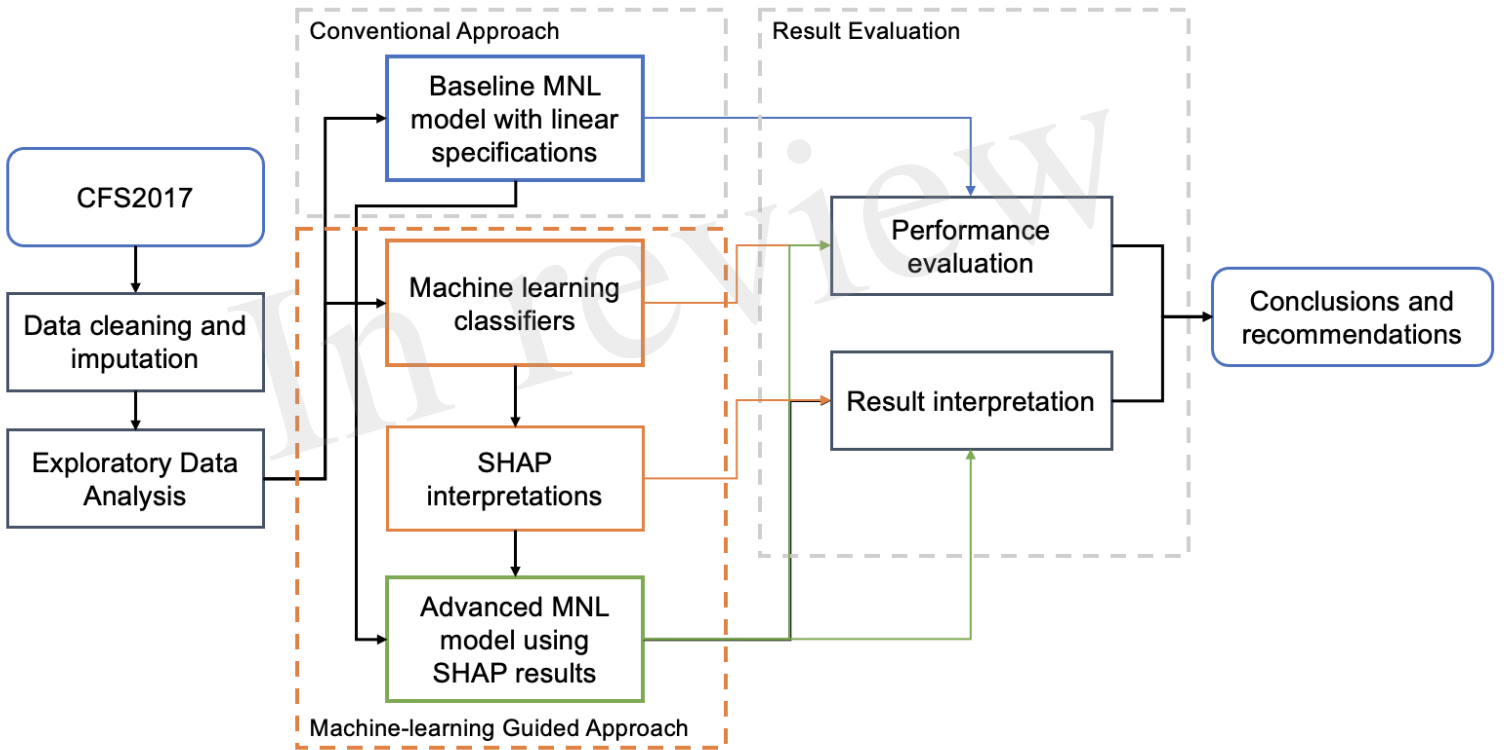


Figure 2.TIFF

In review

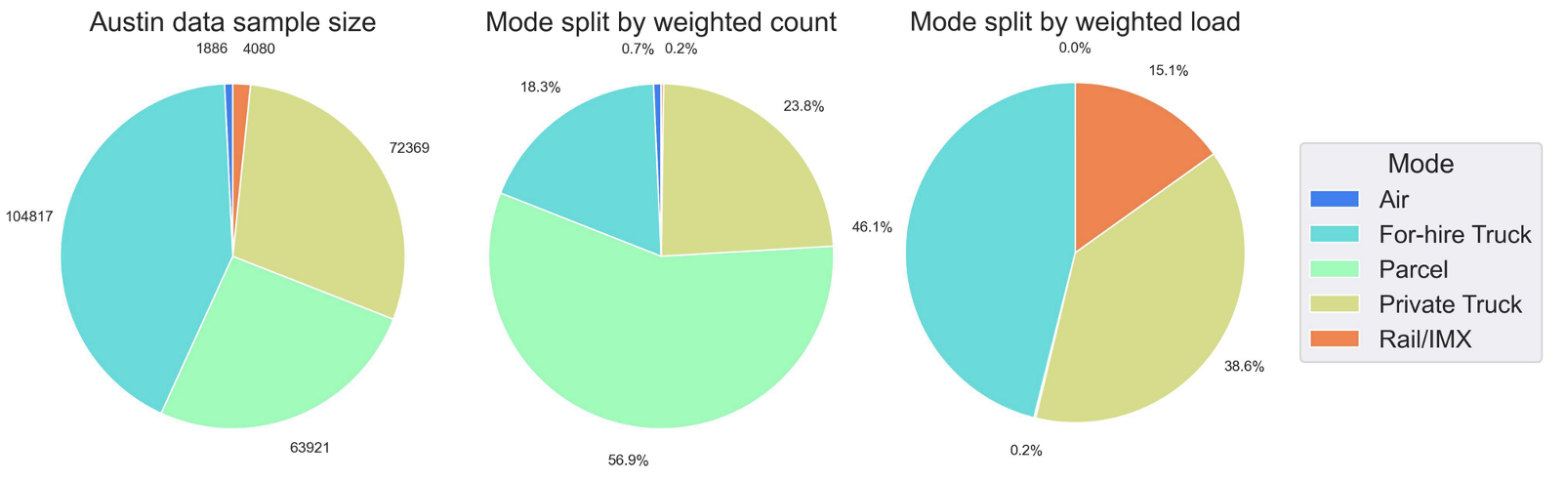
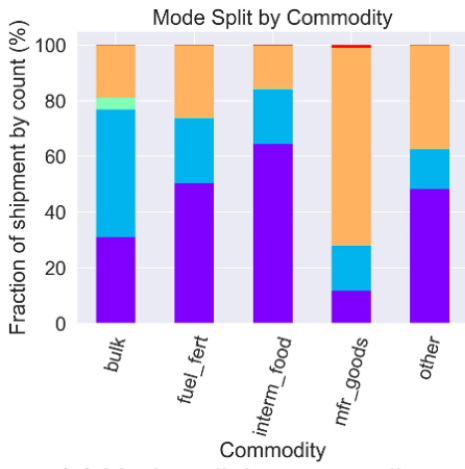
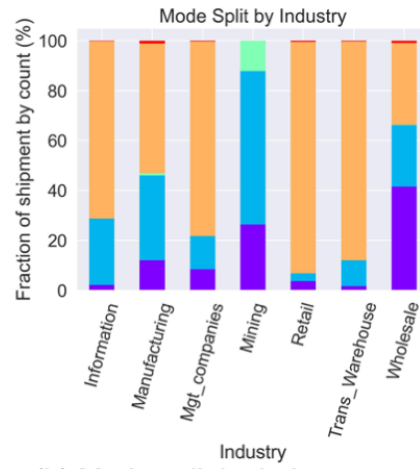


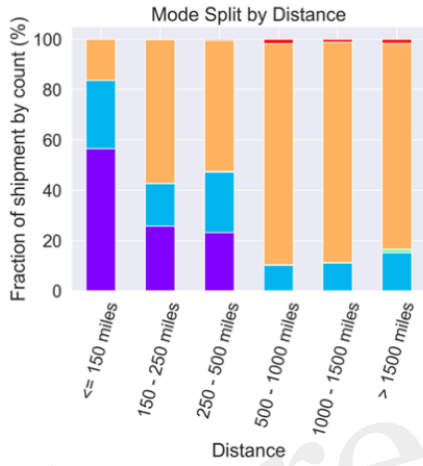
Figure 3.TIFF



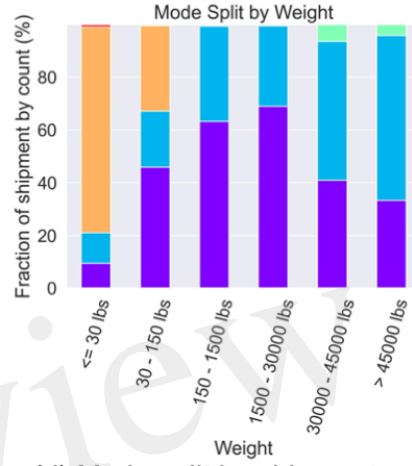
(a) Mode split by commodity



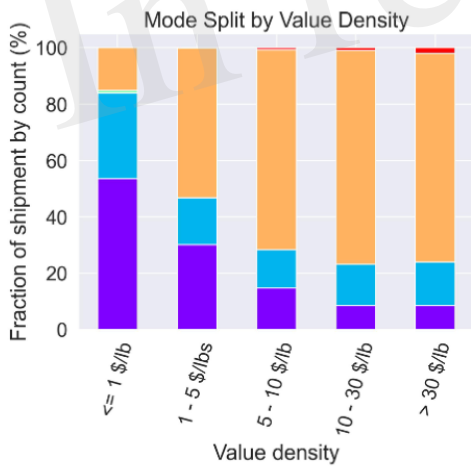
(b) Mode split by industry



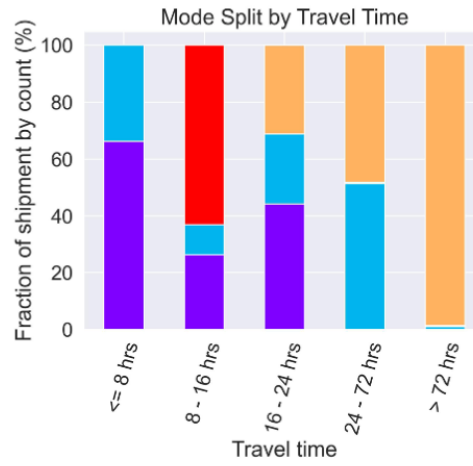
(c) Mode split by shipment distance



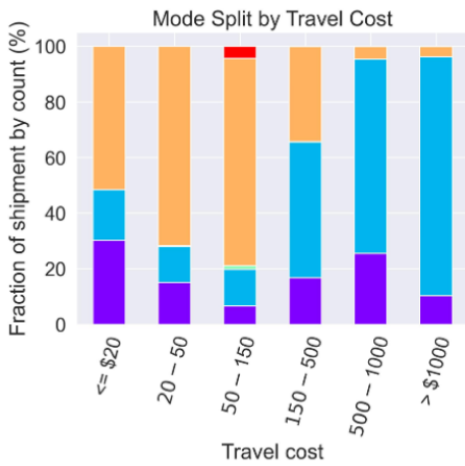
(d) Mode split by shipment weight



(e) Mode split by value density



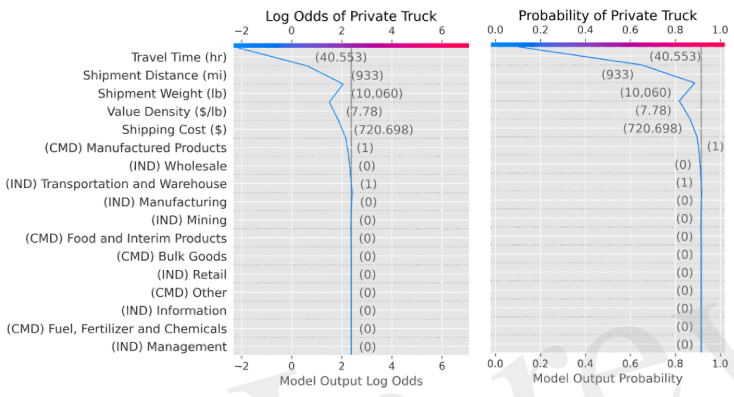
(f) Mode split by travel time



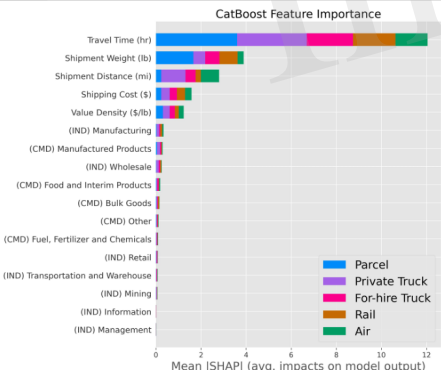
(g) Mode split by travel cost



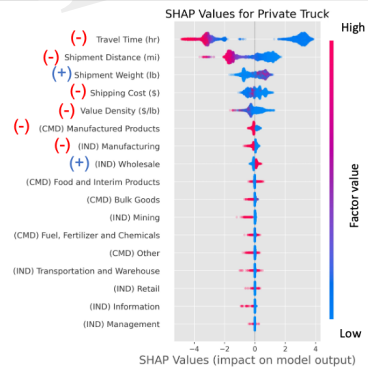
Figure 4.TIFF



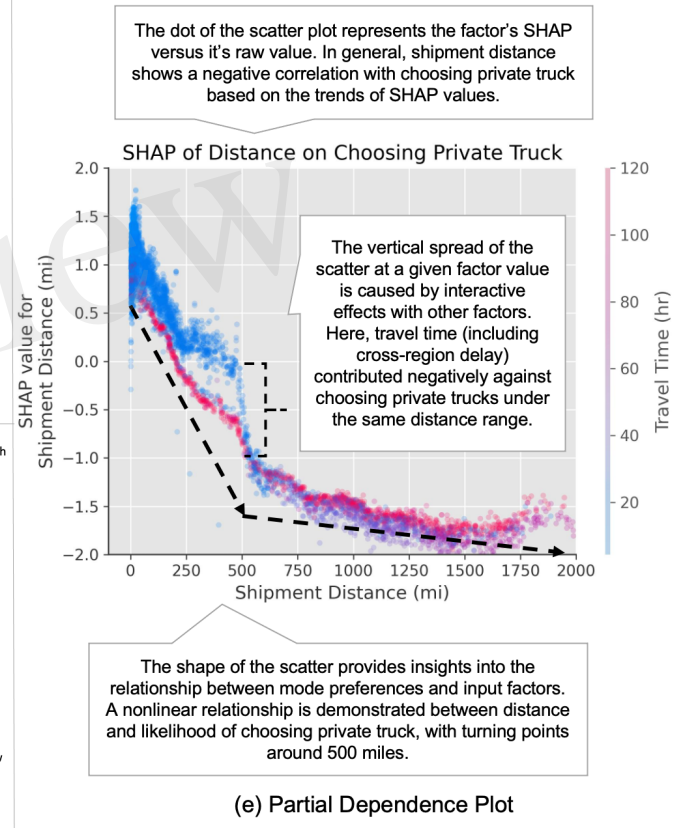
(a) Decision of a single observation (output = log-odds) (b) Decision of a single observation (output = probability)



(c) Feature Importance



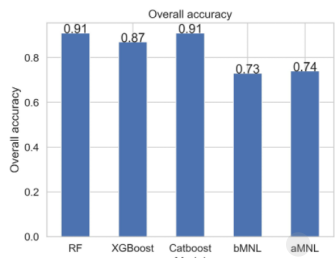
(d) Beeswarm Plot



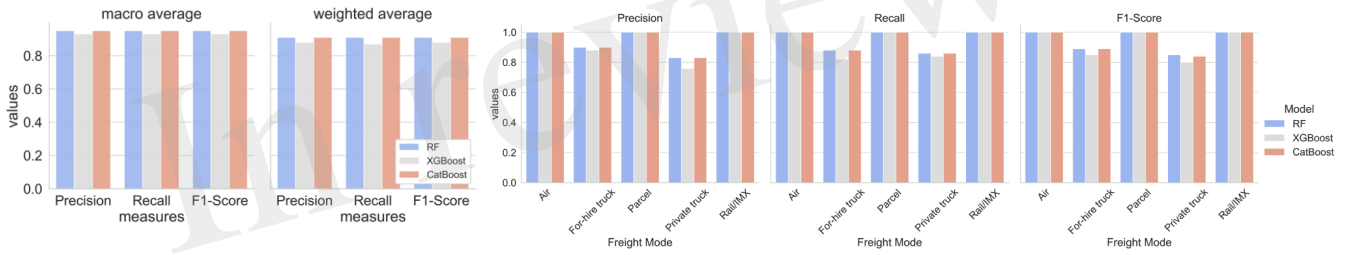
(e) Partial Dependence Plot



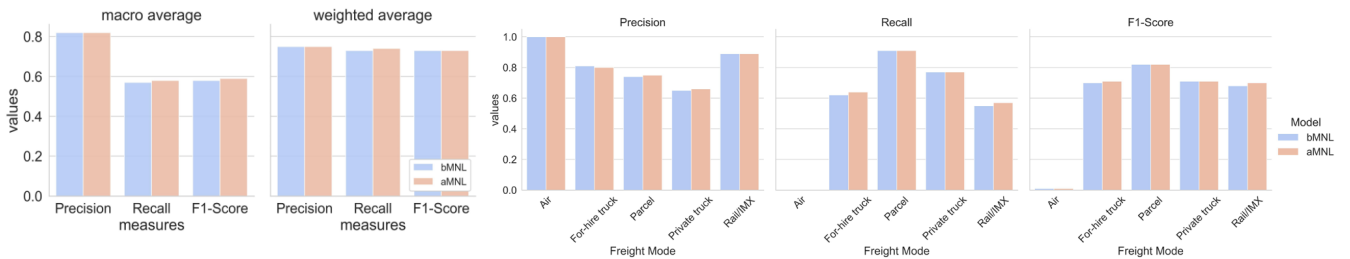
Figure 5.TIFF



(a) Overall prediction accuracy



(b) Accuracy measures (ML methods)



(c) Accuracy measures (MNL methods)

Figure 6.TIFF

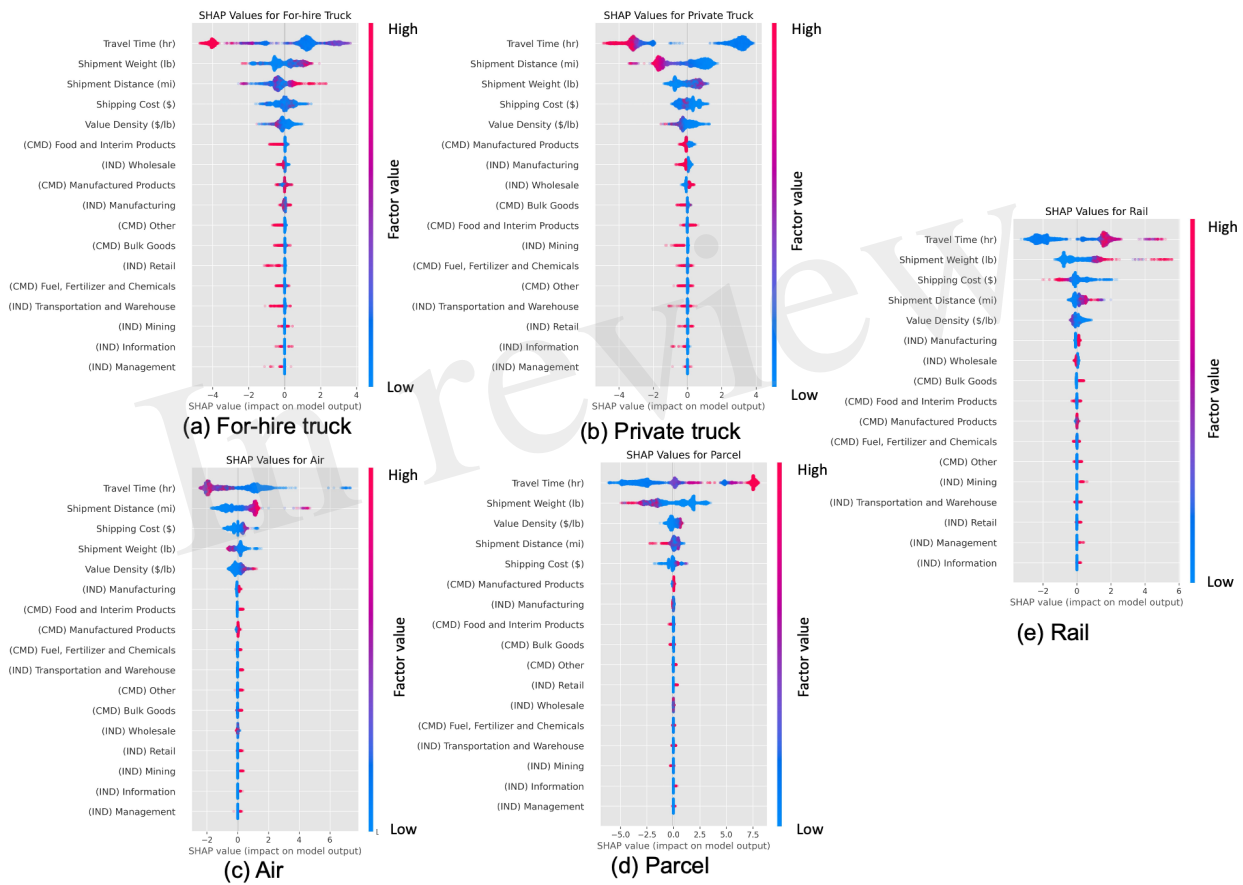
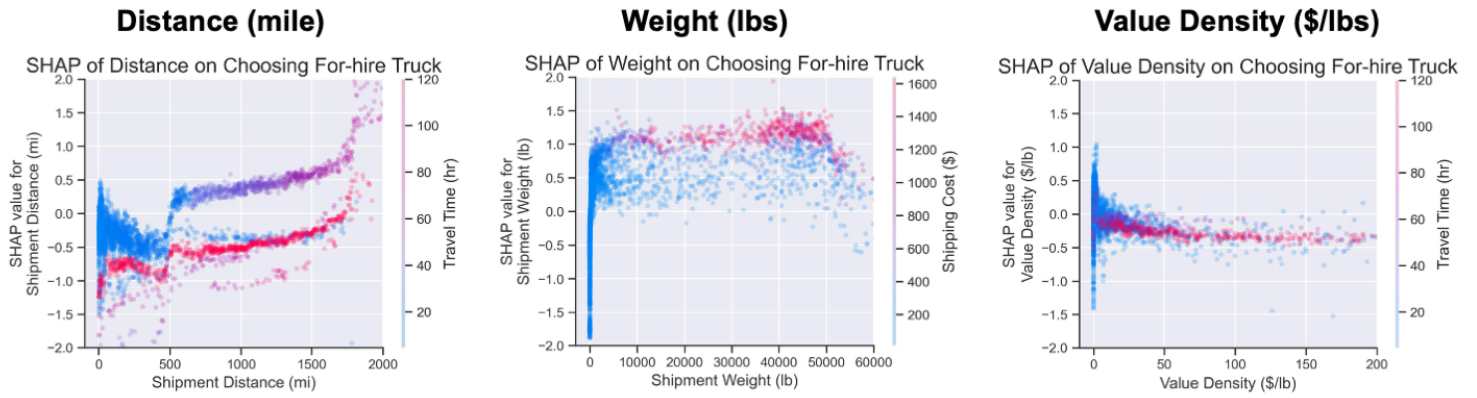
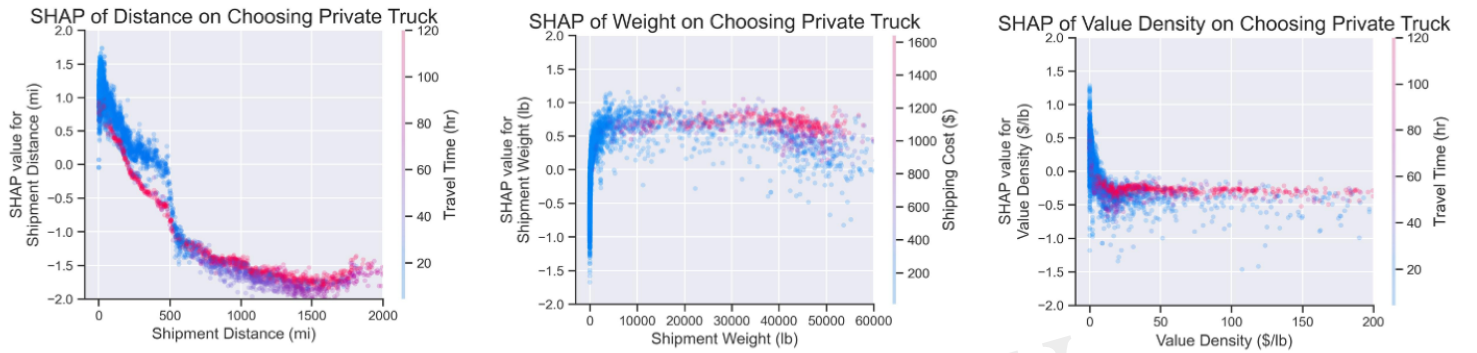


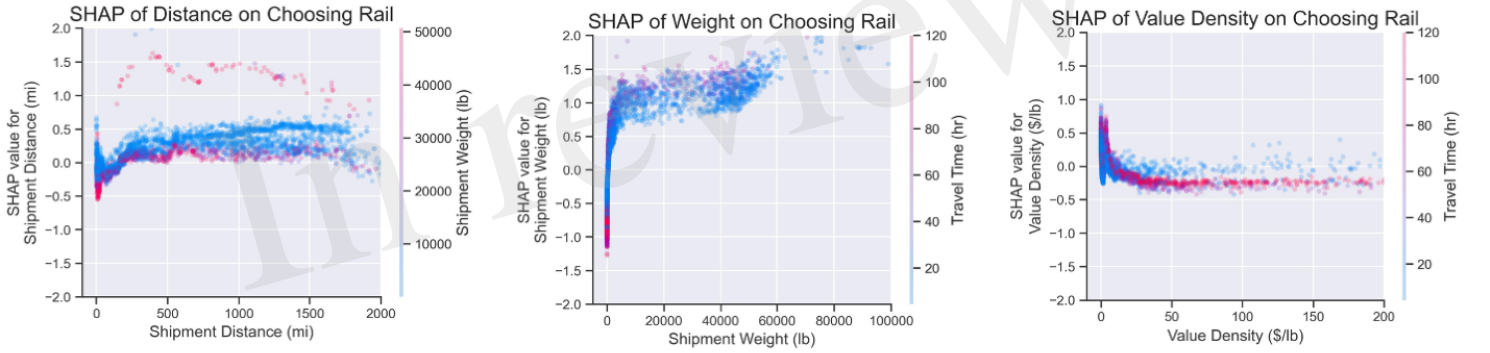
Figure 7.TIFF



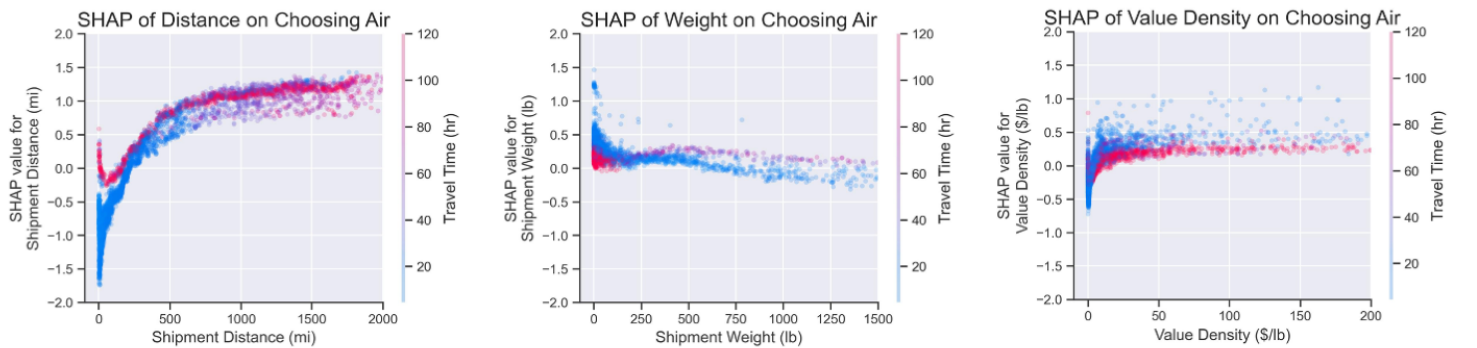
(a) Dependence plots of for-hire truck



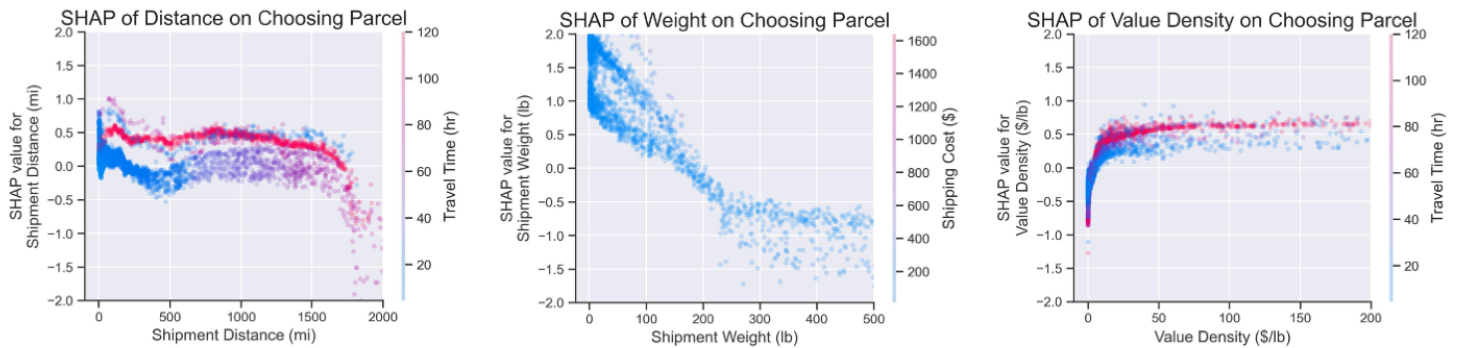
(b) Dependence plots of private truck



(c) Dependence plots of rail



(d) Dependence plots of air



(e) Dependence plots of parcel