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Rape Victimization and High Risk Sexual Behaviors: Longitudinal Study of African-American Adolescent Females

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Objectives: African-American women are affected by disproportionately high rates of violence and sexually transmitted infections (STI)/human immunodeficiency virus (HIV) infection. It is imperative to address the intersection of these two urgent public health issues, particularly as these affect African-American adolescent girls. This study assessed the prevalence of rape victimization (RV) among a sample of African-American adolescent females and examined the extent to which participants with a history of RV engage in STI/HIV associated risk behaviors over a 12-month time period.

Methods: Three hundred sixty-seven African-American adolescent females ages 15-21, seeking sexual health services at three local teenager-oriented community health agencies in an urban area of the Southeastern United States, participated in this study. Participants were asked to complete an audio computer-assisted self-interview (ACASI) at baseline, 6- and 12-month follow-up. We assessed sociodemographics, history of RV and sexual practices. At baseline, participants indicating they had experienced forced sex were classified as having a history of RV.

Results: Twenty-five percent of participants reported a history of RV at baseline. At 6- and 12-months, victims of RV had significantly lower proportions of condom-protected sex ($p=.008$), higher frequency of sex while intoxicated ($p=.005$), more inconsistent condom use ($p=.008$), less condom use at last sex ($p=.017$), and more sex partners ($p=.0001$) than non-RV victims. Over the 12-month follow-up period, of those who did not report RV at baseline, 9.5% reported that they too had experienced RV at some point during the 12-month time frame.

Conclusion: African-American adolescent females who experience RV are engaging in more risky sexual behaviors over time than non-RV girls, thereby placing themselves at higher risk for contracting STIs. In light of the results from this unique longitudinal study, we discuss considerations for policies and guidelines targeting healthcare, law enforcement and educational and community settings. The complexities of RV screening in healthcare settings are examined as is the need for tighter collaboration between healthcare providers and law enforcement. Finally, we consider the role of prevention and intervention programs in increasing awareness about RV as well as serving as an additional safe environment for screening and referral. [West J Emerg Med. 2011;12(3):333-342.]

INTRODUCTION

Due to jeopardized health of adult and adolescent women, the intersection of gender-based violence and increased risk for acquiring sexually transmitted infections (STIs), including human immunodeficiency virus (HIV), has received increased attention in public health research.¹ The United Nations Declaration on Violence Against Women provides a broad basis for defining gender-based violence, which includes but is not limited to physical, sexual, and psychological violence, sexual abuse of female children, marital rape, non-spousal violence, sexual harassment, trafficking in women and forced prostitution. Globally, girls and women face systematic discrimination, leaving them highly vulnerable to being harmed physically, psychologically and moreover sexually by the men in their families and communities.²

In the United States (U.S.), women experience high rates of sexual violence. According to results from the National Violence Against Women Survey (NVAWS), nearly one in six women surveyed reported having been raped in their lifetime, a prevalence of 17.6%.³ Furthermore, research suggests that in nearly two-thirds of cases, rape victimization (RV) was perpetrated by someone the victim knew (e.g. friends, acquaintances, or intimate partners) with over 50% of victims reporting that the rape occurred before age 18.^{3,4} While RV rates are alarming, data also indicate that only one in five women reported their rape to authorities, suggesting that available data on RV represent a severe underestimate.³

Retrospective studies in the U.S. examining physical and/or sexual victimization have shown that women's experiences of victimization during childhood and/or adolescence are associated with high-risk sexual practices in adulthood and the acquisition of STIs, including HIV.⁵⁻¹³ Among African-American adult women specifically, experiences of SV in childhood and/or adolescence are associated with increased risk for abortion, re-experiencing abuse as an adult, acquiring an STI, earlier sexual debut, a greater number of lifetime sexual partners, and sex trading.^{7,8,14-16}

Among adolescent females, studies examining the association between RV and STI/HIV-associated risk behaviors suggest a similar pattern of associations as those described for adult women. Studies based on representative samples of adolescent females report that approximately one in five girls has experienced some form of victimization.^{17,18} Among sexually active adolescent girls, this rate increases to approximately one in three girls with African-American adolescent females reporting higher rates of physical or sexual victimization compared to other ethnic groups.¹⁹⁻²³ Many adverse psychological and physical health outcomes have been found to be associated with early experiences of RV, including eating disorders, decreased self-esteem and poor health-related quality of life.^{17,24-27} Adolescent females with a history of RV also report engaging in high risk sexual practices including having multiple sexual partners, earlier sexual debut, not using birth control at last intercourse,

substance abuse, and exchanging sex for money or drugs.^{16,20,28-39} Moreover, studies have reported a link between RV and self-reported STIs, whereas one recent study with female detained adolescents showed that victimization was related both directly and indirectly to biologically-confirmed chlamydia.^{18,19,32,40} Indirectly, physical or sexual victimization was related to chlamydia through condom failures and having sex while intoxicated.

Among adolescents, African-American females continue to represent a vulnerable group bearing the disproportionate burden of STI/HIV infection.⁴¹⁻⁴⁴ Specifically, the prevalence of chlamydia and gonorrhea is substantially higher among same-age African-American adolescent females compared to females from other ethnic groups.^{45,46} Furthermore, previous studies have observed that among African-American females, even after adjusting for diverse behavioral and sociodemographic risk indices, the reinfection rate was threefold that among white peers.^{42,47-50} This could be due to a combination of factors including lack of adoption of STI/HIV-preventive strategies, such as using condoms consistently or limiting number of sex partners and/or selecting partners from high risk sexual networks.^{46,51,52}

Taken together, these studies suggest that examining the intersection of RV and sexual risk taking among African-American females at high risk for STI/HIV acquisition is not only timely but also necessary given the scarce body of prospective research in this area. For purposes of this study, RV is defined as non-consensual sex during childhood or adolescence. RV is a particularly harmful type of gender-based violence associated with the most enduring health consequences, such as STI/HIV acquisition and associated risk behaviors.^{5,7,17,33,53,54} The purpose of this study was to describe the prevalence of RV in a population of African-American adolescent females seeking STI services, and to longitudinally assess the extent to which African-American adolescent females with a history of RV engage in STI/HIV associated risk behaviors over a 12-month time period.

METHODS

Participants

Participants in this study were part of a randomized controlled trial evaluating a sexual risk reduction intervention for young African-American females in an urban area of the Southeastern U.S. From March 2002 through August 2004, recruiters screened self-identified young African-American females seeking reproductive and sexual health services at three local teenager-oriented community health agencies. Eligibility criteria included being African-American, female, 15 to 21 years of age, and sexually active (reporting vaginal intercourse in the previous 60 days). The local institutional review board approved the study protocol before implementation.

Of 1,558 screened, 874 females met eligibility criteria. Of those who met eligibility criteria, 82% (n=715) agreed to

participate, provided written informed consent, and completed a baseline assessment. Of those who agreed to participate, 348 (48.7%) were randomly assigned to the sexual risk reduction intervention condition while 367 (51.3%) were randomly assigned to a standard-of-care comparison condition. Analyses reported in this study addressed data from participants who were randomized to the standard-of-care comparison condition only to eliminate any effects of the intervention on high risk sexual behaviors. We obtained high retention rates (86%) at both 6- and 12-month follow ups for this sample.

Procedures

Data collection consisted of a 40-minute survey administered via audio computer-assisted self-interviewing (ACASI) technology at baseline, 6-month and 12-month follow-up time periods. Questions assessed sociodemographic information, history of RV, condom use behaviors and other variables describing participants' sexual history. Participants were compensated \$50 for their participation at each assessment time point.

Measures

History of Rape Victimization

History of RV was conceptualized as an index comprising two severe forms of abuse—forced vaginal intercourse or forced anal intercourse—and was assessed by asking two questions: “Has anyone ever forced you to have vaginal sex when you didn’t want to?” and “Has anyone ever forced you to have anal sex when you didn’t want to?” Response choices were yes (1) and no (0). Participants who endorsed either of these two questions were categorized as having a history of rape victimization. Participants who did not endorse either of these two questions were categorized as having no history of rape victimization.

Sociodemographic and Background Measures

We assessed highest grade completed in school by a single question, “What was the last grade that you completed in school?” Participants were also asked if they were currently attending school. Receiving federal assistance for living expenses was assessed by four yes-or-no questions. We summed responses to each question to create an index of family aid. Participants were also asked with whom they were living at the time of assessment (i.e. family members, boyfriend, other friends). We also assessed age at first willing vaginal sex.

Condom Use

We assessed several measures of condom use. First, condom use during the last episode of vaginal intercourse with a sex partner was assessed. Condom use at last intercourse provides an assessment of recent condom use that may be less susceptible to recall bias.⁵⁵ Participants were asked the question “Did you use a condom the last time you had vaginal sex with your boyfriend or steady partner?” Response choices were yes

or no. Second, we assessed consistent condom use by asking participants the question “How many times did you have vaginal sex in the past 60 days?” Participants were then asked “How many of these times did you use a condom?” Based on these two questions we computed a continuous measure, proportion of condom use in the last 60 days, with possible values ranging from 0 to 100% condom use. Furthermore, we subsequently computed a dichotomous measure. Participants who indicated using condoms during every episode of vaginal intercourse in the past 60 days (100%) were defined as consistent condom users. Participants who indicated not using condoms during every episode of vaginal intercourse (0-99%) were defined as inconsistent condom users.

Unprotected Vaginal Sex

We assessed unprotected vaginal sex by subtracting the number of times a participant used condoms in the past 60 days from the number of times they reported having vaginal sex in the past 60 days.

Number of Sexual Partners

We assessed number of sexual partners by asking participants: “In the past 60 days, how many guys have you had vaginal sex with?” This measure was then dichotomized into participants who reported one sexual partner in the past 60 days and participants who reported two or more sexual partners.

Sex Under the Influence of Drugs or Alcohol

We assessed number of vaginal sex episodes while the participant and their sex partner were intoxicated by the following two questions: “In the past 60 days, how many times did you have sex while high on alcohol or drugs?” and “In the past 60 days, how many times did you have sex while your partner was high on alcohol or drugs?”

Statistical Methods

First, we used descriptive statistics to summarize sociodemographic variables, prevalence of sexual violence and high risk sexual behaviors. Subsequently, we conducted bivariate analyses consisting of Chi-square and independent Student’s t-tests to examine associations between RV and potential confounding variables. Finally, we estimated multivariable population-averaged generalized estimating equation (GEE) models to examine the longitudinal relationship between RV and high risk sexual behaviors.⁵⁶ We used the exchangeable correlation structure for the working correlation matrix based on an evaluation of the quasi-likelihood information criterion. A separate GEE model was constructed for each high risk sexual behavior considered.

Fitted GEE regression coefficients parameters can be interpreted as the odds or odds ratios (in logistic models analyzing dichotomous outcome variables) and means or mean differences (in linear regression models analyzing continuous

outcome variables) over the entire 12-month period for an “average” participant. We computed the 95% confidence intervals around the adjusted odds ratios and adjusted mean differences and the corresponding P-value. To obtain adjusted means and mean differences, we repeatedly re-estimated models from bootstrap samples where samples were drawn with replacement at the level of the participant. For each model, we calculated adjusted means and standard errors from the collection of bootstrap results.^{57,58} We computed percent relative difference for continuous variables as the difference (D) between the adjusted means for victimized participants divided by the adjusted mean for non-victimized participants. Percent relative difference provides a common metric for measuring the magnitude of the difference across the various measures relative to the baseline measure. We performed analyses using Stata statistical software, version 10.

RESULTS

Descriptive and Bivariate Analyses

Three hundred sixty-seven participants between the ages of 15 and 21 participated in this study and provided baseline

Table 1. Comparability of rape victimization (RV) and non-RV participants at baseline.

VARIABLES	RV (n=92)		Non-RV (n=275)		P
	Mean (SD)	Percent (n)	Mean (SD)	Percent (n)	
Age	17.98 (1.68)		17.71 (1.75)		0.20*
Age at first vaginal sex	14.23 (1.64)		14.68 (1.62)		0.02*
Less than high school		62.0% (57)		70.0% (191)	0.15*
Public assistance		56.5% (52)		52.4% (144)	0.49
Holding a paying job		29.3% (27)		28.0% (77)	0.80
Not living with family		30.8% (28)		19.8% (54)	0.03*
Currently in a relationship		82.6% (76)		82.2% (226)	0.93
Testing positive for an STI		23.9% (22)		27.3% (75)	0.53
Ever used marijuana		87.0% (80)		78.2% (215)	0.07*
Ever used alcohol		91.3% (84)		86.5% (238)	0.23
Number of days used alcohol	6.02 (10.71)		3.95 (8.75)		0.11*

*Covariates used in generalized estimating equation (GEE) models SD, standard deviation; STI, sexual transmitted infection.

data (Table 1). The mean age of the participants was 17.8 (standard deviation [SD]=1.7) years. Most (67.9%) had not yet graduated from high school while the remaining 32% had completed high school and/or technical school. A total of 35.4% no longer attended school at the time of baseline assessment. Among this sample 53.4% reported that their family received some form of public assistance (i.e. welfare, Section 8 housing, food stamps). Most participants (82.3%) reported being in a current relationship with the average length of the relationship 15.11 months (SD=16.0). Ninety-two (25.1%) participants reported a history of RV at baseline. Of the participants who reported no RV at baseline, 26 (9.5%) reported RV incidence over the 12-month follow-up period. Of the participants who reported RV at baseline, 55 (59.8%) reported being re-victimized over the following 12-month period. Specifically, 14 (15.2%) reported being re-victimized at the 6-month follow up; eight (8.7%) reported being re-victimized at the 12-month follow up; and 33 (35.9%) reported being re-victimized at both the 6- and 12-month follow up.

We present descriptive statistics and bivariate associations between the predictor variable, history of RV, and demographic, as well as other potential confounding variables, in Table 1. We included only variables associated with history of RV at $p \leq .20$ in bivariate analyses in the multivariate GEE models as confounders.⁵⁹ Furthermore, we present bivariate comparisons between RV history and sexual risk taking at each of the three time points (baseline, 6-months and 12-months) in Table 2.

Multivariate Analyses

We present results of GEE models constructed for continuous and dichotomous measures of sexual behaviors over the entire 12-month time period in Table 3. Analyses of continuous behavioral outcomes suggest that over the entire time period participants with a history of RV compared to participant without a history of RV reported significantly lower proportion condom use in the past 60 days (adjusted mean 21.45 vs. 31.57; $p=.008$), greater frequency of having sex while they were intoxicated (adjusted mean 2.30 vs. 1.30; $p=.005$) and greater frequency of having sex while their partner was intoxicated (adjusted mean 3.25 vs. 1.95; $p=.005$). Frequency of unprotected vaginal sex in the past 60 days was only marginally significant ($p=.088$).

Analyses of dichotomous behavioral outcomes suggest that over the entire 12-month time period, participants with a history of RV compared to participant without a history of RV were 1.7 times more likely to report using condoms inconsistently (95%CI = 1.15, 2.60; $p=.008$), 1.5 times more likely to report using no condoms at last sex (95%CI = 1.08, 2.11; $p=.017$), and 3.94 times more likely to report having multiple partners (95%CI = 2.96, 5.26; $p=.0001$).

DISCUSSION

In this sample of sexually active African-American adolescents one in four females reported a history of RV. These findings corroborate rates of RV reported in prior research with African-American adolescent females.^{18,60,61} Furthermore, results of this study show that African-American adolescent females seeking services at local STI clinics and who have a history of RV report an earlier age of consensual sex and are engaging in more risky sexual behaviors as they age than their counterparts who do not report a history of RV, thereby placing themselves at increased risk for contracting STIs, including HIV. These findings extend prior cross-sectional research reporting similar findings by underscoring the enduring adverse effects of RV on victims' sexual risk taking over time.^{18,20,31,38,40, 60,61} Specifically, in this sample, African-American adolescent females with a history of RV reported less condom use with their sex partner, more frequent substance use during sexual intercourse, and multiple sex partners over a 12-month period. While we found no association in this sample between history of RV and testing positive for an STI, all of the risk behaviors aforementioned have been previously identified as antecedents to STI acquisition among African-American adolescent females.¹⁸

Understanding the relation between history of RV and risk behaviors has been hindered in previous research due to the cross-sectional nature of the study designs. As a result, two general explanations of this association have been offered in the literature: 1) following experiences of RV, women are more likely to engage in a pattern of risk behaviors and 2) engaging in risk behaviors may increase women's risk of experiencing RV.⁶² Although both explanations have received some support in the literature with regard to the association between RV and substance use behaviors, less is known about the temporal association between RV and sexual risk taking.⁶³⁻⁶⁵ The longitudinal nature of our analyses, although not allowing for cause-effect conclusions to be drawn, lend some support to the explanation that experiences of RV are associated with a pattern of high risk sexual behaviors over time. This pathway is also consistent with a model designed to explain violence-related health problems which states that violent assaults, including sexual assaults, can lead to various adverse health outcomes, including acute physical injury, increased stress, psychological and emotional problems and subsequently high risk health behaviors.⁶⁶ For victims of RV particularly, studies have shown that the psychological sequelae may include low self-esteem, passivity, depression, post-traumatic stress disorder and feelings of powerlessness and helplessness.⁶⁷⁻⁷⁰

Taken together, these psychological problems, if unresolved through professional counseling, are likely to contribute to victims' participation in high risk sexual behaviors, such as being less likely to communicate about sex and negotiate safer sex practices which may subsequently lead

Table 2. Bivariate comparisons between rape victimization (RV) and non-RV participants and sexual risk taking at baseline, six and 12-month follow-up periods.

VARIABLES	RV (n=92)		Non-RV (n=275)		P
	Mean (SD)	Percent (n)	Mean (SD)	Percent (n)	
Baseline					
Sex frequency while intoxicated	3.00 (6.82)		1.63 (4.18)		0.07
Sex frequency partner intoxicated	4.15 (7.90)		2.36 (4.90)		0.04
% condom use	40.0 (38.51)		56.3 (40.61)		0.002
Unprotected vaginal sex	10.2 (14.48)		5.2 (8.24)		0.006
Multiple sex partners		42.4% (39)		33.5% (92)	0.12
Inconsistent condom use		83.8% (67)		69.1% (163)	0.01
No condom use last sex		67.4% (62)		55.3 % (152)	0.04
Six-Month Follow-up					
Sex frequency while intoxicated	1.68 (3.50)		1.21 (4.29)		0.33
Sex frequency partner intoxicated	2.91 (4.68)		1.68 (6.11)		0.07
% condom use	38.6 (39.41)		54.1 (42.59)		0.009
Unprotected vaginal sex	8.7 (11.15)		6.5 (10.60)		0.15
Multiple sex partners		39.5% (30)		24.8% (59)	0.01
Inconsistent condom use		84.3% (59)		66.2% (129)	0.004
No condom use last sex		69.7% (53)		51.7 % (122)	0.006
12- Month Follow-up					
Sex frequency while intoxicated	2.22 (5.91)		0.65 (2.07)		0.02
Sex frequency partner intoxicated	3.34 (7.61)		1.11 (2.54)		0.01
% condom use	40.9 (39.54)		55.2 (43.13)		0.011
Unprotected vaginal sex	10.1 (14.55)		5.9 (12.64)		0.03
Multiple sex partners		38.8% (31)		20.8% (49)	0.001
Inconsistent condom use		79.5% (58)		65.3% (126)	0.03
No condom use last sex		66.2% (53)		54.3 % (127)	0.06

SD, standard deviation

Table 3. Generalized estimating equation (GEE) results for behavioral outcomes.

	GEE Models: Baseline – 12 Months					P
	Adjusted Mean ^a SV	Adjusted Mean ^a Not SV	Difference ^b (95% CI)	% Rel Difference ^c (95% CI)	AOR ^d (95% CI)	
Continuous Behavioral Outcomes						
% Condom use past 60 days	21.5	31.6	-10.1 (-17.0; -3.7)	13.2 (13.2; 51.8)	n/a	0.008
Unprotected vaginal sex past 60 days	8.00	6.45	1.55 (-0.6; 3.4)	24.09 (-7.2; 55.6)	n/a	0.088
Frequency of sex while intoxicated	2.30	1.30	1.00 (0.25; 1.9)	77.90 (0.06; 162.9)	n/a	0.005
Frequency of sex while partner intoxicated	3.25	1.95	1.30 (0.40; 2.3)	66.69 (15.06; 124.2)	n/a	0.005
Dichotomous Behavioral Outcomes						
Inconsistent condom use past 60 days		n/a			1.73 (1.2; 2.6)	0.008
No condom use at last sex		n/a			1.51 (1.1; 2.1)	0.017
Multiple sex partners		n/a			3.94 (3.0; 5.3)	0.0001

^a Adjusted means for rape victimization (RV) and non-RV groups; means adjusted by participant age, age at first consensual sex, education, living arrangement, ever used marijuana and number of days alcohol use past 60 days.

^b Adjusted mean difference between RV and non-RV groups reported for continuous outcomes

^c Relative difference reported for continuous outcomes = adjusted mean difference/adjusted non-RV group mean x 100%.

^d Adjusted odds ratios (OR) reported for dichotomous outcomes; adjusted by participant age, age at first consensual sex, education, living arrangement, ever used marijuana and number of days alcohol use past 60 days. Non-RV group is the referent for computing the OR.

to inconsistent condom use out of fear that such assertiveness may provoke aggression and possibly repeat victimization.^{31,71} Moreover, following experiences of RV, sexual activity may become less pleasurable.⁷² It is reasonable to assume that for victims of RV who view sexual activity as aversive, substance use may become a coping mechanism, allowing them to engage in sexual intercourse while alleviating negative emotions associated with RV.^{18,62} Unfortunately, this negative coping mechanism of using substances during sex may further exacerbate adolescent females' risk for contracting an STI including HIV, as using substances during sex has been related to an increased risk of condom failures.³⁹ Condom failures, such as breakage and slippage, may be more important than other risk behaviors such as unprotected vaginal sex when examining predictors of STI acquisition. Findings from a recent study showed that biologically-confirmed STIs were not related to unprotected vaginal sex among a sample of adolescent females; however, after adjusting the measure of unprotected vaginal sex to account for imperfect condom use (i.e., controlling for breakage, leaking, and slippage), the association was significant.⁷³ In the present study, we did not find a relation between victimization and STIs; however, it may be possible that other factors could account for an indirect relation. Future research should examine more complex models that include indirect effects and measures of

condom failures to account for STI outcomes. This line of research could help shed light on the complex relations among experiences of RV, sexual risk behaviors and STI/HIV outcomes.

Lastly, consistent with prior findings, our study suggests that victims of RV are more likely to report multiple sex partners than those without a history of RV.^{18,74,75} It is possible that because victims of RV initiate sexual activity earlier than non-victims, this may lead to exploring sexual behavior with a greater number of sexual partners during the course of adolescence. Additionally, several studies have found an association between history of RV and prostitution among 13-18-year-old predominantly African-American adolescents.⁷⁶ Thus, transactional sex experiences may contribute to the higher number of sex partners reported by victims of RV in this sample.

LIMITATIONS

This study has several noteworthy limitations. First, the conceptualization of RV used in this study is rather limited in scope, including only severe sexual violence (i.e. forced vaginal and anal intercourse) and not other forms of sexual violence, such as attempted rape, digital penetration or penetration with a foreign object. Therefore, it is possible that participants categorized as "not victimized" included some

who may have experienced types of RV other than those assessed by this measure. Future studies should broaden this definition to assess the effects of a full range of RV on sexual risk taking over time. Second, this study did not assess the victim-perpetrator relationship; therefore, no comparisons could be made between RV perpetrated by a sexual partner vs. RV perpetrated by a family member or a stranger. Moreover, no data were available regarding the frequency, severity or chronology of victimization. Finally, although this study adds to the literature by assessing RV and risk behavior longitudinally, no cause-effect conclusions can be drawn from these findings.

CONCLUSION

It is critically important to identify and intervene with girls who have experienced RV in an attempt to avoid a trajectory of sexual risk-taking and further re-victimization. To that end, policies and guidelines should be considered at several critical structural levels including: 1) healthcare, 2) law enforcement and 3) community education.

First, healthcare agencies, especially those serving adolescent female populations, should adopt screening guidelines for providers as standard practice. Having said that, it should be acknowledged that screening for RV, although a logical recommendation, could be complex in its implementation, especially among adolescent populations. For example, adolescent females may be accompanied to the clinic by the perpetrator in cases where RV or other types of violence are ongoing. In such cases, screening a victim may be ineffective at best and dangerous at worst. Furthermore, in the absence of being fully autonomous, adolescents' ability to take advantage of available services targeting RV may be dependent on family members, who may or may not know about the victimization, and their level of support. However, despite its complexities, when implemented with caution, screening remains one of the best methods to protect adolescent females from ongoing RV and/or the sequelae of having experienced RV in the past. Agencies may consider implementing an overall health screening protocol that is conducted in private with only the patient and healthcare provider(s) in the consulting room. A thorough health screen would incorporate questions about both sexual risk behaviors, focusing particularly on condom use practices, frequency of sex while under the influence of substances and number of sex partners, as well as history of RV. Drawing on clinical judgment, providers may follow up with questions about current RV, should patients' answers to previous inquiries be affirmative. Policies and guidelines must also be considered in the training of healthcare providers and their support staff. Resources should be readily available to make referrals; however, health agencies should consider implementing policies that place the adolescent female victim in a collaborative relationship with in-house staff who actively seek to connect her to targeted services for victims of RV in an

effort to increase the likelihood of safe follow through. Additionally, training providers and staff to establish rapport with victims and adhere to strict confidentiality standards is a crucial consideration likely to impact both the probability of eliciting truthful responses as well as the safety of the patient. Finally, healthcare providers should also be linked to and collaborate with law enforcement agencies in instances where victims decide to report the victimization.

Second, policies and guidelines should address the needs of law enforcement agencies in an effort to expand services offered to victims of RV. Additional resources would allow enhanced training of law enforcement staff to work closely and collaboratively with healthcare agencies toward establishing sex crime reporting procedures designed to assure young women that they will be met with respect, sensitivity and timely consideration in reporting their experience(s) of victimization.

Third, policies and guidelines should be implemented in community educational settings to raise awareness of RV and associated consequences for adolescent females. Specifically, the implementation of existing sexual risk reduction and pregnancy prevention programs should incorporate sexual assault awareness into their protocols and offer treatment referrals to participants. Similarly, intervention programs for victims targeting the enduring effects of RV on sexual risk taking and the risk for re-victimization are needed and should be implemented within existing treatment plans addressing the needs of RV victims. As such, well designed intervention programs can serve a dual purpose: first, to raise awareness among both female and male adolescents in an attempt to prevent RV; and second, to serve as an additional safe environment where victims can feel comfortable reporting their experiences of RV. For many adolescent female victims of RV, such a setting may represent the first step toward prevention of increased sexual risk taking as well as possible re-victimization.

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