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# Presence of foodborne pathogens and survival of generic *Escherichia coli* in an organic integrated crop-livestock system

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**Introduction:** Integrated crop-livestock systems (ICLS) use animals to graze crop residues or cover crops before planting fresh produce and provide ecosystem services to support organic vegetable production. However, there is a risk of foodborne pathogen transfer to fresh produce because grazing may introduce enteric foodborne pathogens into the soil via animal feces, which may subsequently be transferred to the produce.

**Methods:** To examine the effect of cover crop use and the risk of cover crop grazing on the contamination of soil and produce by foodborne pathogens in ICLS, a three-year (2019–2021) experimental study was conducted in organically managed plots, which were assigned three different treatments (fallow without cover crop or grazing, cover crop without grazing, or cover crop with grazing by sheep) in a maize/tomato rotation. During the three years of the experiment, a total of 184 pre- and post-graze fecal samples and 96 samples of tomatoes were collected to test for foodborne pathogens (*Escherichia coli* O157, non-O157 Shiga toxin-producing *Escherichia coli* (STEC), and *Listeria* (*L.) monocytogenes*). Soil samples were collected monthly until 126–171 days after grazing (824 in total) to examine the presence of foodborne pathogens, and generic E. coli (MPN/g) was quantified to compare its persistence among the three treatments.

Results and Discussion: We did not detect any foodborne pathogens from harvested tomatoes in 2020 and 2021. One non-O157 STEC positive soil sample (0.1%, 1/824) was detected in the fallow treatment, and one L. monocytogenespositive (1.1%, 1/92) was detected from the post-graze fecal samples. When assessing proportions of generic E. coli positive and counts of generic E. coli in the soil samples using mixed effect zero-inflated negative binomial models, soil samples collected in the graze cover crop treatment plot showed significant increases in the counts of generic E. coli until 61-82 days post grazing, but no difference was observed after 96-123 days, compared to the baseline of the fallow treatment. Findings from generic E. coli counts support the use of the United States Department of Agriculture (USDA) National Organic Program (NOP) 90- or 120-day interval rule between applying raw manure and harvesting in organic farming into ICLS. Additionally, we confirmed that commercial organic compost application before cover crop seeding in the winter had no significant effect on the proportions and counts of generic E. coli in the soil of the following growing seasons. This longitudinal field trial confirmed that the effect of sheep grazing on foodborne pathogen contamination in ICLS is minimal but further studies comparing the genetic associations between fecal and soil samples would be necessary to distinguish the source of foodborne pathogen contamination.

KEYWORDS

grazing, food safety, fresh produce, sustainable agriculture, soil, sheep

#### **1** Introduction

Integrated crop-livestock systems (ICLS) offer promising alternatives to intensive specialized farming by diversifying cropping systems to reconnect nutrient cycles and build sustainability and resilience (Bell and Moore, 2012; Garrett et al., 2020). One form of ICLS involves grazing of cover crops in between cash crops on a single field (Hilimire, 2011; Moraine et al., 2014). Winter cover crops are planted during the inter-crop period to keep soil covered in presence of living roots to build soil health, conserve natural resources, provide nutrients to the next crop and lower the incidence of pest and disease (Franzluebbers et al., 2011; Schipanski et al., 2014). Raw (i.e., untreated) manure deposited in the field during grazing of cover crop biomass benefits soil fertility by providing labile and organic nutrients for the following crop (Medina-Roldán et al., 2008; Da Silva et al., 2014). Thus, the soil is fertilized by connecting nutrient cycling, and biodiversity is enhanced through the use of cover crops and grazing, which could also help with weed and pest management (Lemaire et al., 2014; Garrett et al., 2017).

Recently, both organic and conventional agriculture have adopted ICLS as a part of regenerative agriculture practices. In particular, organic agriculture frequently follows ICLS as it prohibits the use of synthetic fertilizers and pesticides, and therefore uses natural soil amendments (i.e., compost and animal manure) instead (USDA, 2000). However, livestock can naturally carry enteric foodborne pathogens (e.g., Shiga toxin-producing Escherichia coli (STEC), Salmonella spp.), which can shed in feces (Hutchison et al., 2005). In ICLS, application of manure during livestock grazing increases the risk of foodborne pathogen transfer to fresh produce from contaminated soils (Ingham et al., 2004; Franz et al., 2005; Jacobsen and Bech, 2012). Due to the risk of transferring foodborne pathogens to fresh produce from untreated manure and animal feces, the Food and Drug Administration (FDA) Food Safety Modernization Act (FSMA) addresses concerns about raw manure application, grazing animals, and wildlife intrusion in produce farms (FDA, 2015). The FSMA does not object to the United States Department of Agriculture (USDA) National Organic Program (NOP) standards regarding application of raw manure, which entails that untreated animal manure must be incorporated into the soil at least 90 days prior to harvest for crops whose edible portions are not in contact with soil, or 120 days for those whose edible portions are in direct contact with soil (USDA-AMS NOP, 2011b). However, due to the lack of sufficient science-based data, the FDA has deferred its final decision regarding the wait time between raw manure application and harvest and has not yet specified any criteria for animal grazing. Instead, farmers are encouraged to voluntarily follow the USDA-NOP standards.

Among foodborne outbreaks reported by the Centers for Disease Control and Prevention (CDC) over the last decade, fruits and vegetable row crops (e.g., leafy greens, tomatoes, and melons), often consumed raw or minimally processed, were the most common sources (Carstens et al., 2019; Centers for Disease Control and Prevention, 2022). In recent years, more foodborne outbreaks were associated with organic foods in the US, and the majority of them were attributed to produce items (Harvey et al., 2016). Among foodborne pathogens, STEC including Escherichia coli O157 (E. coli O157) and Listeria monocytogenes (L. monocytogenes) were predominantly present in vegetable row crops and were responsible for high hospitalization rates, although Salmonella caused the most multistate outbreaks when all sources of food were included (Centers for Disease Control and Prevention, 2022). In agricultural environments, feces from ruminants (cattle, sheep, and goats) are generally considered a potential source of contamination of STEC since they are natural reservoirs of the bacteria (Hutchison et al., 2005; Franz and Van Bruggen, 2008; Jay-Russell, 2013). Due to the sparse distribution of STEC in natural environments, the quantification of generic E. coli has commonly been used as an indicator of fecal contamination and as a surrogate of STEC in soil when studying foodborne pathogens (Park et al., 2015; Allende et al., 2017; Patterson et al., 2018). Soils, once exposed, are also known to typically harbor L. monocytogenes for extended periods when compared to STEC, even at lower temperatures (Nicholson et al., 2005; Ivanek et al., 2006).

Research is currently limited regarding the persistence and prevalence of foodborne pathogens in the soil and produce after grazing by livestock in ICLS systems. Most of the recent studies have been conducted on livestock manure application without having animals directly on the soil (Sharma et al., 2019; Ramos et al., 2021; Pires et al., 2023). Regardless, most growers are encouraged to follow the NOP 90-to 120- day interval rules for grazing. Previous observational study done in California repeatedly measured generic *E. coli* in a commercial organic ICLS farm grazed by sheep, and showed that the mean concentration of generic *E. coli* decreased under the limit of detection in the soil by 84 to 111 days post-graze (Patterson et al., 2018). However, this study was performed on a commercial organic farm with variable grazing times among sub-fields and the absence of control or baseline samples, and without testing for pathogenic *E. coli*.

The aim of this study is to examine the effect of cover crop use and the risk of grazing on the contamination of soil and produce by foodborne pathogens in an experimental ICLS field. The presence of foodborne pathogens (*E. coli* O157, non-O157 STEC, and *L. monocytogenes*) in fecal, soil, and produce samples was examined in three different treatments (fallow, cover crop without grazing, cover crop with grazing by sheep) through a three-year experimental study in an ICLS. Additionally, generic *E. coli* in the soil, as an indicator of fecal contamination and a surrogate of pathogenic *E. coli*, was quantified monthly to compare its persistence among the three treatments. Sheep were used for grazing in this experimental study, since California has a large population of sheep and lambs (i.e., approximately 570,000), which are widely used as grazing animals on crop, vineyard, and orchard fields (Hoar et al., 2013; USDA National Agricultural Statistics Service, 2019; Brewer et al., 2023).

#### 2 Materials and methods

#### 2.1 Study design

A replicated field trial was conducted over three-years (2019-2021) in a certified organic field at the Russell Ranch Sustainable Agriculture Facility, University of California, Davis (UC Davis) (38° 32' 36.87", -121° 52' 11.89"). Soils are classified as Yolo silt loam and Rincon silty clay loam, though textural analysis showed this site has a clay loam/clay texture in the top 30 cm with 15-40% sand, 20-40% silt and 33-48% clay, and about 1% total carbon at the start of the experiment. The experiment was setup as a randomized complete block design with four replicates per treatment - fallow, cover crop tilled without grazing (non-graze CC), and cover crop grazed by sheep (graze CC). Neither cover crop seeding nor sheep grazing were conducted in the fallow treatment, which served as a control. Each block replicate consisted of 9 beds measuring 13.5 m wide (i.e., 1.5 m per one bed). The three treatments were randomly allocated within 3 bed sections of each block (Supplement 1A). In 2019 and 2021, commercially composted poultry litter was applied to all plots before cover crop mixtures were seeded. In 2020, the effect of compost versus non-compost was compared by dividing the block into two parts (i.e., split-plot design) (Supplement 1B). Either the top or bottom part of each block measuring 83.2 m in length was assigned as the area in which compost was not applied.

Sheep grazing was initiated when the cover crops grew up to 25 cm and soil moisture conditions allowed. Sheep grazed the field until the sward height was 10 cm (USDA-Natural Resources Conservation Service, 2013). Depending on the cover crop growth and cash crop establishment (i.e., seeding corn or transplanting of tomatoes), grazing events were planned once or twice per growing season. Electrical fences were installed around the areas corresponding to the graze CC treatment the day before the sheep were transported from the barn to the field. The sheep flock used for grazing comprised a mix of breeds (e.g., Suffolk, Hampshire, Dorset, and crossbreed sheep), with ages ranging from 1 to 6 years old. The total number of sheep and grazing length varied from year to year, depending on cover crop biomass; 120 sheep grazed once (April 8th-15th, 2019), 80 sheep grazed twice (February 10th-12th and March 19th-20th, 2020), and 49 sheep grazed twice (March 2nd-4th and April 5th -7th, 2021) in the first, second, and third growing season, respectively. Sheep grazed rotationally, starting from block 1 and moving toward block 4 with the intention of implementing a uniform grazing intensity across the blocks. Sheep were provided ad libitum water, and overnight lights to protect them from wildlife, with always one person watching over the field at night. This study was approved by the Institutional Animal Care and Use Committee of the University of California, Davis (IACUC #21028).

After the final grazing event each year, both graze CC and non-graze CC were terminated before seeding or transplanting the

cash crops. Table 1 summarizes the types of cash crop planted, the cover crop mix seeded during winter in the field, and the specific soil sampling dates for each year of the experiment. All crops in rotations were irrigated and managed according to organic certification.

#### 2.2 Sample collection

Soil samples were collected six times during each growing season: after compost application and cover crop seeding in November, just before grazing (0-Days Post-Graze), and monthly after the grazing event until approximately 120–150 Days Post-Graze (DPG). When grazing was conducted twice in the growing season, DPG was calculated based on the last day of the second grazing event. A total of 824 soil samples were collected over the 3 years, and the number of soil samples collected varied depending on the year and sampling dates (Table 1) with 36 soil samples (i.e., 12 samples per treatment) collected on each sampling date in 2019 and 2021, and 72 soil samples (i.e., 12 samples per treatment and compost application) collected on each sampling date in 2011.

Soil sampling was only conducted in the middle bed of each treatment within a block, with the two side beds serving as a buffer (Supplement 1). A stainless-steel soil core sampling probe (2.54 cm diameter) was used to collect the soil samples, and samples were placed in sterile Whirl-Pak bags (Nasco, Modesto, CA). Gloves were changed and the soil core was sanitized with 70% ethanol between each treatment and block. Three soil samples were taken per beds (12 beds  $\times$  3 composites), representing one-third of each bed as subplots (i.e., 36 subplots in 2019 and 2021, and 72 subplots in 2020). Each composite was comprised of 5 soil cores (15 cm in depth) collected from 5 separate loci spaced evenly from the top to the bottom of each bed.

To determine whether foodborne pathogens (i.e., non-O157 STEC, *E. coli* O157:H7, and *L. monocytogenes*) were present in the feces of grazing sheep, pre- and post-graze fecal samples were collected from the sheep before they were moved from the barn to the experimental field, and after sheep were removed from the graze CC plots. Individual fresh fecal pats (approximately 30 g of fecal material) were scooped from the barn or field ground using gloves aseptically and placed into a sterile Whirl-pack. A total number of 40–96 fecal samples per year were collected depending on the number of sheep grazing. The sheep used for the experiment were separated from the other sheep in the barn 1 week before they were moved to graze on the field, and their diet mostly consisted of alfalfa hay with a grain ration (rolled barley – 34%, rolled corn – 32%, soybean – 24%, molasses 8%, and fat – 2%).

For produce, 24 samples of tomatoes (<100 g per sample) were collected during the 96–123 DPG and 126–171 DPG periods each year (July 20th and August 12nd in 2020, and July 12nd and August 11st in 2021) for a total of 96 samples. As was done for soil sampling, tomatoes were collected from the middle bed of each treatment within a block for foodborne pathogen testing. In the first year (2019), corn for animal feed was planted, so no produce samples were collected.

Two bottles of irrigation water samples (1 L each) were collected from the water tap connected to the irrigation lines at the field for each growing season to test whether the foodborne pathogens (i.e., non-O157 STEC, *E. coli* O157:H7, and *L. monocytogenes*) or generic *E. coli* were from the water source.

| Year  | Cash<br>crop | Cover crop mix  | Soil sampling dates (total # of samples collected) |                                  |                  |                   |                    |                        |
|-------|--------------|---|--|----------------------------------|------------------|-------------------|--------------------|------------------------|
|       |              |   | After cover<br>crop seeding <sup>a</sup>           | 0 DPG<br>(Baseline) <sup>ь</sup> | 33–49<br>DPG     | 61–82<br>DPG      | 96–123<br>DPG      | 126–171<br>DPG         |
| 2019* | Corn         | Fava bean (30%), Field pea<br>(30%), Vetch (20%), Oats (20%)  | November 6th (8)                                   | April 3rd (36)                   | May 29th<br>(36) | July 1st (36)     | August 6th<br>(36) | September 28th<br>(36) |
| 2020  | Tomato       | Field pea (67%), Annual ryegrass<br>(16%), Common vetch (16%) | November 23rd (72)                                 | February 9th<br>(72)             | May 4th (72)     | June 15th<br>(72) | July 20th (72)     | August 12nd (72)       |
| 2021  | Tomato       | Field pea (67%), Annual ryegrass<br>(16%), Common vetch (16%) | November 23rd (24)                                 | March 1st (36)                   | May 10th<br>(36) | June 7th (36)     | July 12th (36)     | August 11st (36)       |

TABLE 1 Types of cash crop planted, cover crop mix, and dates of soil sampling (days post grazing (DPG)) in each year in the organic integrated croplivestock experiment (2019–2021).

\* Sheep grazed the cover crops once in 2019, but twice in 2020 and 2021. Thus, in 2020 and 2021, 0 DPG (baseline) soil was collected before the first grazing, and DPG was calculated based on the last day of the second grazing event. \*These samples were collected the year previous to the corresponding year. \*0 DPG (baseline) collected just before the grazing event.

All samples (i.e., soil, feces, produce, and water) were transported to the laboratory in a cooler with ice packs and processed within 24 h of collection.

#### 2.3 Sample preparation and enrichment

The microbial analyses for the isolation of non-O157 STEC, E. coli O157:H7, L. monocytogenes, and generic E. coli have been previously described in recent publications (Patterson et al., 2018; Ramos et al., 2021; Pires et al., 2023). Briefly, for each soil sample, a Tryptic Soy Broth (TSB) enrichment (BD BactoTM, Heidelberg, Germany) was carried out to detect generic E. coli, non-O157 STEC, and E. coli O157:H7, and a Listeria Enrichment Broth (LEB) enrichment (Neogen Culture Media, Lansing, MI, United States) was done to detect L. monocytogenes. All the media were prepared following the manufacturers' instructions. Thirty grams of soil were placed in a pre-refrigerated 24 oz. Whirl-Pak bag filled with 270 mL of TSB or LEB (corresponding to a 1:10 dilution) and manually homogenized. For the TSB reservoir, eight wells of a 48-well reservoir (E&K Scientific, Santa Clara, CA, United States) were filled with 5 mL of the sample in TSB medium, and it was serially diluted up to 10<sup>-6</sup> with 4 replications per sample (Atwill et al., 2015). For the TSB enrichment, samples were incubated at 25°C for 2h followed by 42°C for 8h with 50 rpm shaking, then held at 6°C with no shaking in a Multitron programmable shaking incubator (Eppendorf, Hauppauge, NY, United States) until the isolation step. For the LEB enrichment, samples were incubated for 18h at 30°C with 100 rpm shaking, then held at 6°C with no shaking until the isolation step.

For the fecal and produce samples, all the incubation steps were the same as for the soil samples. However, 10g of feces from each sample were placed into a Whirl-Pak bag containing 90 mL of TSB or LEB. Each produce sample (1–2 tomatoes/bag, ~100g) was weighed and placed into 100 mL of Buffered Peptone Water (BPW) (Hardy Diagnostics, Santa Maria, CA, United States), and manually massaged for 1 min until homogenized. Then, 100 mL of BPW from each bag was transferred to 100 mL of 2 times the concentration of TSB (60g of media in 1 L of purified autoclaved water) used for the soil samples (Ramos et al., 2021; Pires et al., 2023).

For water samples, 1 L of water was poured through a sterile 0.45 mm nitrocellulose filter assembly using standard membrane filtration techniques and placed in 100 mL of TSB or LEB for the further isolation steps (Partyka et al., 2018).

# 2.4 Enumeration and isolation of generic *Escherichia coli* in soil

To measure the concentration (Most Probable Number, MPN/g) and determine the presence of generic E.coli in the soil and produce samples, 4µL from each dilution well of the TSB reservoir with four replicates per sample as well as 10 µL from the TSB bag were streaked onto CHROMagar E. coli (ECC) (CHROMagar Microbiology, Paris, France) followed by incubation for 24h at 37°C (Atwill et al., 2015; Ramos et al., 2021). Up to four colonies per sample that presented E. coli-like features (i.e., blue colonies) were re-streaked onto secondary and tertiary CHROMagar ECC. At least two presumptive positive pure isolates per sample were subsequently subjected to a standard polymerase chain reaction (PCR) assay targeting the uspA (universal stress protein A) gene (Nyström and Neidhardt, 1992). MPN series cell densities were calculated based on dilution to extinction using an MPN Calculator (Avineon, Inc. and US Environmental Protection Agency, 2013). The limit of quantification (LOQ) was 0.089 MPN/g for the positive samples.

# 2.5 Non-O157 STEC, *Escherichia coli* O157:H7, and *Listeria monocytogenes* isolation

Detection of non-O157 STEC, *E. coli* O157:H7, and *L. monocytogenes* was done for all soil, pre- and post-graze fecal, produce, and water samples. To detect non-O157 STEC, 1 mL of pre-enriched sample in TSB enrichment was added to a tube containing 9 mL of modified enterohemorrhagic *E.coli* (mEHEC) selective media (Biocontrol, Bellevue, WA, United States), and incubated for 12 h at 42°C (Cooley et al., 2013, 2014). Ten  $\mu$ L of the mEHEC solution was then streaked onto ChromSTEC agar (CHROMagarTM, Paris, France) followed by incubation for 24 h at 37°C. Up to six presumptive positive isolates corresponding to purple colonies that fluoresced under ultraviolet light were re-streaked on to secondary and tertiary ChromSTEC agar. A final assumed pure colony was streaked onto Tryptic Soy Agar (TSA), followed by incubation at 37°C overnight. Isolates were confirmed as non-0157 STEC using a PCR assay targeting the *stx1* and *stx2* genes (Paton and Paton, 1998).

To detect *E. coli* O157:H7, immunomagnetic separation (IMS) using Dyna anti-*E. coli* O157 beads was performed on TSB enrichment with the automated Dyna Bead Retriever (Invitrogen, Carlsbad, CA

United States) to concentrate *E. coli* O157:H7 cells. An IMS product of  $50\,\mu$ L washed beads was planted onto both Rainbow agar (Biolog, Hayward, CA, United States) with novobiocin ( $20\,\text{mg/L}$ ) and tellurite ( $0.8\,\text{mg/L}$ ) (MP Biomedicals, Solon, OH, United States), and MacConkey II Agar with sorbitol supplemented with potassium tellurite ( $2.5\,\text{mg/L}$ ) and cefixime ( $0.05\,\text{mg/L}$ ) (CT-SMAC). Both sets of plates were incubated for 24 h at 37°C. Up to two presumptive positive isolates corresponding to dark blue and gray colonies to Rainbow agar, and to brown colonies on CT-SMAC were cross-streaked on to the other agar plates (i.e., CT-SMAC to Rainbow, or Rainbow to CT-SMAC). To confirm isolates as *E. coli* O157:H7, a PCR assay targeting the *eaeA* gene was conducted after transferring onto TSA (Paton and Paton, 1998).

As with *E. coli* O157:H7, IMS was also performed with pre-enriched samples in LEB enrichment to concentrate *L. monocytogenes* cells using Dyna anti-*Listeria* beads. An IMS product of 30 µL washed beads added to Brilliance *Listeria* Agar (BLA) with BLA selective and differential supplements (Oxoid, Hants, United Kingdom). A 100 µL product of washed beads was added to 5 mL of Fraser Broth (BD, Sparks, MD). Both BLA agar plates and Fraser Broth were incubated at 37°C for 48 h (Cooley et al., 2014). Presumptive positive isolates corresponding to blue colonies with a halo around them in BLA were re-streaked onto secondary BLA and the process was repeated for tertiary isolation. A 10 µL loop of Fraser Broth, which changed to black color after the incubation, was added to BLA and streaked by tertiary isolation as well. To confirm isolates as *L. monocytogenes*, a PCR assay targeting the *hylA* gene was done after transferring onto TSA (Kawasaki et al., 2005).

For the gene confirmation (*uspA* for generic *E. coli, stx1* and *stx2* for non-O157 STEC, *eaeA* for *E. coli* O157:H7, and *hylA* for *L. monocytogenes*), the results of the PCR assays were analyzed by agarose gel electrophoresis, running for 60 min with 100 voltages.

#### 2.6 Statistical analyses

Descriptive analysis was used to summarize the proportions of foodborne pathogens (*E. coli* O157:H7, non-O157 STEC, and *L. monocytogenes*) in soil, feces, and produce samples. To compare the proportions of foodborne pathogens in feces, a two-proportion z-test was used because pre- and post-graze samples were not collected from the same individuals. For soil samples, proportions and concentrations of generic *E. coli* positive samples were also summarized; the proportion of samples positive for generic *E. coli* (%) was calculated as the number of positives out of the total number of collected samples in each treatment group (i.e., fallow, non-graze CC, and graze CC), on each sampling day, in each year (i.e., 12 samples/sampling day). The concentrations of generic *E. coli* in the soil ( $\log_{10}$  MPN of dry weight of soil/100 g) were reported as median and range (min-max) for each treatment group, sampling day, and year, after transforming the values under LOQ as LOQ/2 (i.e., 0.0445 MPN/g).

For modeling, the outcome variable – generic *E. coli* concentration (MPN/100 g) in the soil – was  $log_{10}$ -transformed and rounded off to the nearest integer, if the data were non-zero, so that it could be treated as count data. Due to the high proportion (58.3%) of zero data (i.e., negative soil samples for the presence of generic *E. coli*) and overdispersion (mean=0.8, sd=1.3) of generic *E. coli* count, mixed effect zero-inflated negative binomial models (ZINB) were used to assess the effects of the treatment, sampling day, year, and two-way interaction term between treatment and sampling day. ZINB models have two components, a zero-inflated component and conditional component; the zero-inflated part models the probability of observing zero in generic E. coli as in logistic regression, and the conditional part has a continuous count outcome corresponding to the log count of generic E. coli with a negative binomial distribution. All explanatory variables included in the models were categorical. The models were run using the glmmTMB package in R software (Brooks et al., 2017). To account for the repeated collection of soil samples from the same subplot over time each year, subplot was added as a random effect to all models. Correlations between the repeated measurements from the same subplots in each year were also considered, and a covariance structure of first-order autoregressive (AR1) was examined. Only variables that had a *p*-value <0.2 in univariable analyses were kept for the multivariable analyses. Forward stepwise model selection was conducted manually based on Akaike information criteria (AIC) values. The data collected before each growing season (November of the correspondent year) were reported separately and not included in the analyses as the model aimed to examine the counts of generic E. coli following grazing events. The effect of compost was examined in a separate model, in addition to the other predictor variables (i.e., treatment, sampling day, year) using the subset of 2020 data (i.e., 360 soil samples). All statistical analyses were performed using R (version 4.2.0), with the significance level set at 0.05.

#### **3 Results**

## 3.1 Presence of foodborne pathogens and generic *Escherichia coli* in the soil

In all 3 years of this experiment, one soil sample (0.1%, 1/824) tested positive for non-O157 STEC. It was collected from the fallow treatment (block 3) on 96–123 DPG in 2019. None of the other soil samples collected during the 3 years of the experiment tested positive for foodborne pathogens (i.e., *E. coli* O157:H7, non-O157 STEC, and *L. monocytogenes*).

As for generic E. coli, 41.7% (225/540) of the soil samples tested positive. Among the generic E. coli positive samples, 56.9% (128/225) were collected from the graze CC treatment group. The median concentration of generic E. coli (log<sub>10</sub> MPN/100 g of dry weight of soil) in the graze CC treatment was 1.02 (0.65-7.53) for the 3 years. In the graze CC treatment, 33-49 DPG or/and 61-82 DPG showed the highest proportions of generic E. coli positives each year (Figure 1). In particular, 100% (12/12) of the soil samples collected at 61-82 DPG in 2019 and at 33-49 DPG in 2020 were generic E. coli positive. The median concentrations of generic E. coli in the graze CC treatment were the highest on 33-49 DPG in all 3 years (Table 2). Proportions of soil samples positive for generic E. coli in the non-graze CC treatment (23.3%, 42/180) was lower than that in the fallow treatment (30.6%, 55/180) over the 3 years (Figure 1), and the median concentrations of generic E. coli from both treatments were below one in all treatment years (Table 2). The range of generic E. coli was larger in the fallow (0.65-5.77) than the non-graze CC treatment (0.65-4.73).

Before growing seasons, when examining the soil samples collected in November after cover crop seeding (i.e., 104 samples), none of them were generic *E. coli* positive in 2019, but 30.6% (22/72) in 2020 and 70.8% (17/24) in 2021 were positive (Table 3). There was a continuous increase in the proportion of generic *E. coli*-positive soil samples in each treatment group, and the graze CC treatment had the highest increase (i.e., 50% in 2020, and 100% in 2021). The median concentration of generic *E. coli* ( $\log_{10}$  MPN/100 g) in each treatment also increased from 2020 to 2021; the median concentrations changed from 0.65 (0.65–3.37) to 0.98 (0.65–4.54) in the fallow treatment, from 0.65 (0.65–4.67) to 1.19 (0.65–2.89) in the non-graze CC treatment, and from 0.31 (0.65–2.09) to 0.98 (0.98–2.69) in the graze CC treatment.

## 3.2 Effects of treatment, sampling day, and year on generic *Escherichia coli* in the soil

The univariable analyses results for the count of generic *E. coli*  $(\log_{10} \text{ MPN}/100 \text{ g rounded off to the nearest integer})$  from the

mixed-effect zero-inflated negative binomial models are summarized in Table 4. None of the variables showed significant associations with the probability of zero count in generic *E. coli* (i.e., zero-inflated components). Thus, only conditional components (log<sub>10</sub> count of generic *E. coli*) of the models were included. Year, sampling day, and treatment were all significantly associated with the count of generic *E. coli* in the soil at the significance level of 0.2 in the univariable analyses. Compared to 2021, 2019 and 2020 had a higher risk of having positive generic *E. coli* counts in soil. The count of generic *E. coli* in soil significantly increased at 33–49 DPG (RR=2.08, p < 0.001) compared to the baseline (i.e., before grazing). The graze CC treatment had significantly higher counts of generic *E. coli* (RR=3.07, p < 0.001), and the non-graze CC treatment had significantly lower counts (RR=0.72, p=0.09), when compared to the fallow treatment.



#### FIGURE 1

Proportion of generic *E. coli* positive (%) soil samples in each treatment by sampling day and year in the organic integrated crop-livestock experiment (2019–2021). Twelve soil samples were collected per treatment group (fallow, non-graze CC, graze CC) on 0, 33–49, 61–82, 96–123, and 126–171-days post grazing (DPG) in each year (Samples collected from the non-composted area in 2020 were not included).

| TABLE 2 Median and range (min – max) of generic <i>E. coli</i> concentration in the soil samples (log <sub>10</sub> MPN/100 g of dry weight of soil) for each treatment |
|---|
| and sampling day (0, 33-49, 61-82, 96-123, and 126-171-days post grazing (DPG)) in the organic integrated crop-livestock experiment (2019-2021).                        |

| Year   | Treatment    | Sampling days    |                  |                  |                  |                  |  |  |
|--------|--------------|------------------|------------------|------------------|------------------|------------------|--|--|
|        |              | 0 DPG (Baseline) | 33–49 DPG        | 61-82 DPG        | 96–123 DPG       | 126–171 DPG      |  |  |
|        | Fallow       | 0.65 (0.65–1.04) | 0.65 (0.65-4.44) | 0.65 (0.65–2.15) | 1.43 (0.65–4.96) | 0.82 (0.65-2.70) |  |  |
| 2019   | Non-graze CC | 0.65 (0.65–2.73) | 0.65 (0.65-0.65) | 0.65 (0.65-1.03) | 0.65 (0.65-1.77) | 0.82 (0.65-2.93) |  |  |
|        | Graze CC     | 0.99 (0.65–3.51) | 3.81 (0.65-5.96) | 2.09 (1.03-3.95) | 1.40 (0.65-6.74) | 0.82 (0.65-2.56) |  |  |
|        | Fallow       | 1.02 (0.65–2.47) | 0.98 (0.65–2.15) | 0.65 (0.65-0.99) | 1.20 (0.65–5.77) | 0.65 (0.65-1.03) |  |  |
| 2020   | Non-graze CC | 0.65 (0.65-2.08) | 0.98 (0.65-4.54) | 0.65 (0.65-2.91) | 0.65 (0.65-1.05) | 0.65 (0.65-4.73) |  |  |
|        | Graze CC     | 1.02 (0.65–2.15) | 1.95 (0.65–5.11) | 0.99 (0.65–2.72) | 0.65 (0.65-3.72) | 0.65 (0.65-2.11) |  |  |
|        | Fallow       | 0.65 (0.65–1.01) | 0.65 (0.65–1.04) | 0.65 (0.65–0.65) | 0.65 (0.65–1.02) | 0.65 (0.65-0.65) |  |  |
| 2021   | Non-graze CC | 0.65 (0.65–0.65) | 0.65 (0.65–1.05) | 0.65 (0.65-0.65) | 0.65 (0.65-2.16) | 0.65 (0.65-1.81) |  |  |
|        | Graze CC     | 1.00 (0.65–2.13) | 2.72 (0.65-7.53) | 1.00 (0.65–2.32) | 2.13 (0.65-4.77) | 1.01 (0.65–2.71) |  |  |
| Total* | Fallow       | 0.65 (0.65-2.64) | 0.65 (0.65-4.44) | 0.65 (0.65–2.15) | 0.65 (0.65–5.77) | 0.65 (0.65-2.70) |  |  |
|        | Non-graze CC | 0.65 (0.65-2.74) | 0.65 (0.65-4.54) | 0.65 (0.65–2.91) | 0.65 (0.65–2.16) | 0.65 (0.65-4.73) |  |  |
|        | Graze CC     | 1.01 (0.65-3.51) | 2.64 (0.65-7.53) | 1.39 (0.65-3.95) | 1.00 (0.65-6.74) | 0.65 (0.65-2.71) |  |  |

\* Median and range of generic E. coli concentrations overall for the 3 years (2019-2021).

The interaction between sampling day and treatment was also significantly associated with the count of generic *E. coli* (p < 0.001).

The final multivariable mixed-effect zero-inflated negative binomial model included all three explanatory variables (year, sampling day, and treatment), as well as the interaction between sampling day and treatment (Table 5). The correlation (AR1) between residuals across sampling days in the subplots was 0.88. The zero-inflated component of the final model contained the treatment effect, which was the only significant factor among the three explanatory variables; graze CC had a significantly lower probability of having a zero count of generic E. coli (i.e., absence of generic E. coli) compared to the fallow (OR = 0.09, 95%  $\rm CI\!=\!0.01\text{-}0.54)$  and non-graze CC treatments (OR=0.04, 95% CI = 0.007 - 0.27). The conditional component (i.e., count part) of the final model indicated that soil samples collected at 96-123 DPG had significantly higher expected counts of generic E. coli compared to the baseline (RR=2.95, 95% CI=1.48-5.89) in the fallow treatment. Whereas no significant differences were observed between 2019 and 2020 or between 2020 and 2021, 2019 had higher expected counts of generic E. coli in the soil (RR=1.70, 95% CI=1.15-2.49) than 2021. The effect of treatment depended on the sampling day. No significant difference was observed among three treatments at baseline, but soil samples collected from the graze CC at 33-49 DPG (RR=2.28, 95%

TABLE 3 Proportion of generic *E. coli* positive soil samples (%) collected in November after cover crop seeding in the organic integrated crop-livestock experiment (2019–2021).

| Year <sup>a</sup> | Total # of | Treatment    |                 |             |  |
|-------------------|------------|--------------|-----------------|-------------|--|
|                   | samples    | Fallow       | Non-graze<br>CC | Graze<br>CC |  |
| 2019              | 8          | 0% (0/8)*    |                 |             |  |
| 2020              | 72         | 29.2% (7/24) | 12.5% (3/24)    | 50% (12/24) |  |
| 2021              | 24         | 62.5% (5/8)  | 50% (4/8)       | 100% (8/8)  |  |

\* Samples were not collected for each treatment group as 2019 was the first year of the experiment. \*These samples were collected the year previous to the corresponding year.

CI = 0.99–5.25) and 61–82 DPG (RR=3.44, 95% CI=1.17–10.07) had higher expected counts of generic *E. coli* than those collected at baseline. However, this difference was not significant after 96 DPG. Soil samples collected from the non-graze CC at 96–123 DPG showed significantly lower expected counts of generic *E. coli* than those collected at baseline in fallow (RR=0.21, 95% CI=0.06–0.69), whereas those from the fallow treatment at 96–123 DPG showed significantly higher expected counts of generic *E. coli* compared to the baseline (RR=2.95, 95% CI=1.48–5.89).

## 3.3 Compost effect on generic *Escherichia coli* in the soil

When examining the compost effect using the subset of 2020 data (i.e., 360 soil samples), similar patterns in the proportion of generic E. coli positive soil samples by sampling day were observed between soil amended with compost and without compost (Figure 2). The proportion of generic E. coli positive soil samples from the fallow treatment was 43.3% (26/60) in soil with compost and 28.3% (17/60) in soil without application of compost. In contrast, the differences in the proportions of generic E. coli positive between soil with and without compost in the non-graze CC (3.3%) and graze CC treatments (3.4%) were smaller than that observed for the fallow treatment (15%); the proportions of generic E. coli positive in non-graze CC were 38.3% (23/60) in soil with compost and 41.6% (25/60) in soil without compost, and those in the graze CC were 63.3% (38/60) in soil with compost and 66.7% (40/60) in soil without compost. The proportions and median concentrations of generic E. coli positive for the fallow treatment were higher in composted soil on 0 DPG and 33-49 DPG than in non-composted soil (Table 6). In the univariable analysis of the count of generic E. coli using mixed-effect zero-inflated negative binomial models with subplots as a random effect, compost application was not significantly associated with the count of generic E. coli in soil (RR=0.9, 95% CI=0.68-1.19). No further multivariable analyses were therefore conducted.

TABLE 4 Univariable analyses results for the counts of generic *E. coli* in soil samples from the organic integrated crop-livestock experiment (2019–2021) using mixed-effect zero-inflated negative binomial models with subplot as a random effect.

| Variable                              | Coefficients | Relative Risks (RR)* | 95% CI    | <i>p</i> -value |  |  |  |
|---------------------------------------|--------------|----------------------|-----------|-----------------|--|--|--|
| Year                                  |              |                      |           |                 |  |  |  |
| 2019                                  | 0.59         | 1.80                 | 1.13-2.85 | 0.01            |  |  |  |
| 2020                                  | 0.48         | 1.62                 | 1.02-2.58 | 0.04            |  |  |  |
| 2021                                  | Reference    |                      |           |                 |  |  |  |
| Sampling day - Day Post-grazing (DPG) |              |                      | <u>`</u>  |                 |  |  |  |
| 0 DPG (Baseline)                      | Reference    |                      |           |                 |  |  |  |
| 33–49 DPG                             | 0.73         | 2.08                 | 1.48-2.92 | < 0.001         |  |  |  |
| 61-82 DPG                             | 0.07         | 1.07                 | 0.73-1.57 | 0.72            |  |  |  |
| 96–123 DPG                            | 0.25         | 1.28                 | 0.88-1.87 | 0.20            |  |  |  |
| 126–171 DPG                           | - 0.25       | 0.78                 | 0.51-1.18 | 0.23            |  |  |  |
| Treatment                             |              |                      |           |                 |  |  |  |
| Fallow                                | Reference    |                      |           |                 |  |  |  |
| Non-graze CC                          | - 0.34       | 0.72                 | 0.48-1.06 | 0.09            |  |  |  |
| Graze CC                              | 1.12         | 3.07                 | 2.28-4.14 | <0.001          |  |  |  |

\* Only conditional components (log10 count of generic E. coli) of the univariable models were included in this table.

| Variable   | Coefficients                              | Relative Risks (RR)   | 95% CI     | <i>p</i> -value |  |  |  |  |
|--|---|-----------------------|------------|-----------------|--|--|--|--|
| Conditional component – Log (count of generic E. coli) |   |                       |            |                 |  |  |  |  |
| Intercept  | - 1.28                                    |                       |            | <0.001*         |  |  |  |  |
| Year   |   |                       |            |                 |  |  |  |  |
| 2019   | 0.53                                      | 1.70                  | 1.15-2.49  | 0.007*          |  |  |  |  |
| 2020   | 20 0.24                                   |                       | 0.85-1.92  | 0.24            |  |  |  |  |
| 2021   | Reference                                 |                       |            |                 |  |  |  |  |
| Sampling day - Day Post-grazing (DPG)                  |   |                       |            |                 |  |  |  |  |
| 0 DPG (Baseline)                                       | Reference                                 |                       |            |                 |  |  |  |  |
| 33-49 DPG  | 0.41                                      | 1.51                  | 0.73-3.13  | 0.27            |  |  |  |  |
| 61-82 DPG  | - 0.73                                    | 0.48                  | 0.18-1.28  | 0.14            |  |  |  |  |
| 96-123 DPG   | 1.08                                      | 2.95                  | 1.48-5.89  | 0.002*          |  |  |  |  |
| 126-171 DPG  | - 0.54                                    | 0.58                  | 0.24-1.44  | 0.24            |  |  |  |  |
| Treatment  | ·   |                       | ,<br>,     |                 |  |  |  |  |
| Fallow   | Reference                                 |                       |            |                 |  |  |  |  |
| Non-graze CC   | 0.25                                      | 1.28                  | 0.52-3.12  | 0.59            |  |  |  |  |
| Graze CC   | 0.45                                      | 1.57                  | 0.74-3.30  | 0.24            |  |  |  |  |
| $DPG \times Treatment$                                 |   |                       |            |                 |  |  |  |  |
| 33–49 DPG×Non-graze CC                                 | - 0.20                                    | - 0.20 0.82 0.27-2.46 |            | 0.72            |  |  |  |  |
| 61–82 DPG×Non-graze CC                                 | 0.28                                      | 1.33                  | 0.34-5.16  | 0.68            |  |  |  |  |
| 96–123 DPG×Non-graze CC                                | - 1.58                                    | 0.21                  | 0.06-0.69  | 0.01*           |  |  |  |  |
| 126–171 DPG×Non-graze CC                               | 0.84                                      | 2.32                  | 0.67-7.99  | 0.18            |  |  |  |  |
| 33–49 DPG×Graze CC                                     | 0.82                                      | 2.28                  | 0.99-5.25  | 0.05*           |  |  |  |  |
| 61–82 DPG×Graze CC                                     | 1.23                                      | 3.44                  | 1.17-10.07 | 0.02*           |  |  |  |  |
| 96–123 DPG×Graze CC                                    | - 0.68                                    | 0.51                  | 0.22-1.18  | 0.11            |  |  |  |  |
| 126–171 DPG×Graze CC                                   | 0.38                                      | 1.46                  | 0.51-4.17  | 0.48            |  |  |  |  |
| Variable   | Coefficients                              | Odds Ratio (OR)       | 95% CI     | <i>p</i> -value |  |  |  |  |
| Zero-inflated component – Logit (prob                  | ability of zero count in generic E. coli) |                       |            |                 |  |  |  |  |
| Intercept  | - 0.59                                    |                       |            | 0.16            |  |  |  |  |
| Treatment  | ·   |                       |            |                 |  |  |  |  |
| Fallow   | Reference                                 |                       |            |                 |  |  |  |  |
| Non-graze CC   | 0.71                                      | 2.03                  | 0.73-5.61  | 0.17            |  |  |  |  |
| Graze CC   | -2.43                                     | 0.09                  | 0.01-0.54  | 0.008*          |  |  |  |  |

TABLE 5 Multivariable analyses results for the counts of generic *E. coli* in soil samples from the organic integrated crop-livestock experiment (2019–2021) using a mixed-effect zero-inflated negative binomial model with subplot as a random effect.

\**p* -value < 0.05.

# 3.4 Foodborne pathogens in fecal, produce, and water samples

Of the 92 pre-graze fecal samples collected from the sheep before being transported to the experimental field, 23.9% (22/92) were positive for non-O157 STEC. Similarly, of the 92 post-graze fecal samples collected from the field after the sheep were removed, 26.1% (24/92) were positive for non-O157 STEC, with no significant difference in the prevalence of non-O157 STEC compared to pre-graze fecal samples (p=0.86). None of the pre- or post-graze fecal samples tested positive for *E. coli* O157:H7, whereas one post-graze fecal sample (1.1%, 1/92) tested positive for *L. monocytogenes* in 2019 (Table 7). None of the tomato samples or water samples tested positive for generic *E. coli*, non-O157 STEC, *E. coli* O157:H7, or *L. monocytogenes*.

#### 4 Discussion

In this ICLS experimental study, we did not detect any foodborne pathogens (*E. coli* O157, non-O157 STEC, and *L. monocytogenes*) from harvested tomatoes or from the soil collected after grazing. Additionally, there was no difference among treatments after 96–123



FIGURE 2

Proportion of generic *E. coli* positive (%) soil samples from the organic integrated crop-livestock experiment by treatment, sampling day, and compost application in 2020.

TABLE 6 Median and range (min – max) of generic *E. coli* concentrations in the soil samples (log<sub>10</sub> MPN/100 g) from the organic integrated croplivestock experiment by treatment, sampling day, and compost application in 2020.

| Compost     | Treatment    | Sampling days    |                  |                  |                  |                  |  |
|-------------|--------------|------------------|------------------|------------------|------------------|------------------|--|
| application |              | 0 DPG (Baseline) | 33–49 DPG        | 61-82 DPG        | 96–123<br>DPG    | 126–171<br>DPG   |  |
|             | Fallow       | 1.02 (0.65–2.47) | 0.98 (0.65-1.00) | 0.65 (0.65-0.99) | 1.20 (0.65–5.77) | 0.65 (0.65-1.03) |  |
| Compost     | Non-graze CC | 0.65 (0.65–2.08) | 0.98 (0.65-4.54) | 0.65 (0.65–2.91) | 0.65 (0.65–1.05) | 0.65 (0.65-4.73) |  |
|             | Graze CC     | 1.02 (0.65–2.15) | 1.95 (0.99–5.11) | 0.99 (0.65–2.72) | 0.65 (0.65-3.72) | 0.65 (0.65-2.11) |  |
|             | Fallow       | 0.65 (0.65–1.03) | 0.65 (0.65-3.43) | 0.65 (0.65-2.10) | 0.65 (0.65-1.80) | 0.65 (0.65-6.18) |  |
| No compost  | Non-graze CC | 0.65 (0.65–1.00) | 0.99 (0.65-2.54) | 0.99 (0.65-2.45) | 0.65 (0.65-1.01) | 0.65 (0.65-0.97) |  |
|             | Graze CC     | 1.01 (0.65–1.77) | 1.00 (0.98-4.54) | 0.98 (0.65-1.74) | 1.38 (0.65–2.72) | 0.65 (0.65-0.99) |  |

TABLE 7 Prevalence of foodborne pathogens (non-O157 STEC, *E. coli* O157:H7, and *L. monocytogenes*) in pre- and post-graze fecal samples in the organic integrated crop-livestock experiment (2019–2021).

| Year  | Sampling group | Total # of<br>samples | Non-O157 STEC             | <i>E. coli</i> O157:H7 | Listeria<br>monocytogenes |
|-------|----------------|-----------------------|---------------------------|------------------------|---------------------------|
| 2010  | Pre-graze      | 20                    | 30% (6/20)                | 0% (0/20)              | 0% (0/20)                 |
| 2019  | Post-graze     | 20                    | 40% (8/20)                | 0% (0/20)              | 5% (1/20)                 |
|       | Pre-graze      | 48                    | 22.9% (11/48)             | 0% (0/48)              | 0% (0/48)                 |
| 2020  | Post-graze     | 48                    | 25% (12/48)               | 0% (0/48)              | 0% (0/48)                 |
| 2021ª | Pre-graze      | 24                    | 20.8% (5/24) <sup>b</sup> | 0% (0/24)              | 0% (0/24)                 |
|       | Post-graze     | 24                    | 16.7% (4/24) <sup>c</sup> | 0% (0/24)              | 0% (0/24)                 |

\*Sheep grazed the cover crops twice in 2020 and 2021. The total number of fecal samples collected per grazing event was 24 in 2020 and 12 in 2021.

<sup>b</sup>All the positive samples were collected before the second grazing event in April 2021.

<sup>c</sup>All the positive samples were collected after the first grazing event in March 2021.

DPG in the proportions of generic *E. coli* positive soil samples or in the counts of generic *E. coli* in the soil. These results support the use of the NOP 90- to 120-day interval rule between manure application and harvesting of produce in ICLS. Finally, we confirmed that

compost application before cover crop seeding in the winter had no significant effect on the proportions of generic *E. coli* positive soil samples and counts of generic *E. coli* in the soil during the following growing season.

A single soil sample tested positive for non-O157 STEC during the three-year study; it was collected from the fallow treatment plot at 96-123 DPG in 2019. Wildlife (i.e., coyotes, rodents, or birds) around the field may be a potential source of non-O157 STEC contamination in the fallow treatment (Kilonzo et al., 2013; Jay-Russell et al., 2014; Atwill et al., 2015), as we observed some coyotes at night while watching over the grazing sheep, and egrets and rodents in the field multiple times when sampling. In fact, this soil sample was collected in August, which is typically well past the corn crop harvesting dates. Therefore, this could be a contributing factor to wildlife being attracted to the area. Moreover, generic E. coli concentrations spiked in the fallow treatment at 96-123 DPG in 2019, although the median concentration it was below LOQ up to 61-82 DPG, which supports the hypothesis of wildlife intrusion into the field. However, to confirm the contamination source of these positive samples, further molecular analysis of the isolates is necessary to compare relatedness of generic E. coli strains between soil and fecal samples from grazed sheep.

As for the effect of sheep grazing on the prevalence or persistence of foodborne pathogens in soil, we did not observe any foodborne pathogens in soil samples from the grazed fields. On the other hand, we isolated non-O157 STEC from pre- and post-graze sheep fecal samples. The intermittent shedding of non-O157 STEC could be explained by diet changes or transportation stress of the sheep to the trial fields. A few studies reported that diet components, abrupt diet changes, or the stress due to transport influenced E. coli O157 shedding in cattle feces (Callaway et al., 2003; Bach et al., 2004; Jacob et al., 2008). However, no significant difference in the proportion of non-O157 STEC positive between pre- and post-graze fecal samples was observed in the present study. This may be due to the short grazing period (i.e., three to eight days each growing season) to assess the effect of diet change. Furthermore, the single L. monocytogenes positive fecal sample detected after the four-day grazing. L. monocytogenes is an important foodborne pathogen that can be isolated from ruminant feces; a lower prevalence has been reported in healthy sheep and farm environment (e.g., feed, soil, and water) compared to cattle herds and its environment (e.g., feed, soil, and water) (Nightingale et al., 2004; Hurtado et al., 2017). The transmission dynamics between ruminants and its environment remains unclear, but natural environmental sources such as water or soil, or management practices (contaminated feed) are potential routes of transmission (Bagatella et al., 2022). Previous studies reported that water irrigation sources, higher rainfall, recent worker activity in fields, or observation of wildlife around fields were all significant risk factors for the higher prevalence of L. monocytogenes in produce fields (Strawn et al., 2013; Weller et al., 2015; Harrand et al., 2020). Additionally, L. monocytogenes is known to be naturally harbored in soils for long periods, which can make it difficult to distinguish the source of pathogen contamination (Linke et al., 2014). Possibly, since none of the pre-graze fecal and soil samples tested positive for L. monocytogenes in this study, diet components, such as moisture contents or pH of the cover crops in the field, could be relevant to presence of L. monocytogenes in post-graze fecal samples (Ivanek et al., 2006).

More than 50% of generic *E. coli* positive samples were associated with grazing. The graze CC treatment showed the highest proportion of generic *E. coli* positive in the soil at 33–49 DPG or/and 61–82 DPG, with the highest concentration ( $\log_{10}$  MPN/100 g) at 33–49 DPG. This corresponded to the results from our previous observational ICLS

study done in a working farm which showed the highest mean generic E. coli concentration (i.e., 3.7 log<sub>10</sub> MPN/g) in the grazed soil on 48 DPG (Patterson et al., 2018). Interestingly, we found that the fallow treatment had a significantly higher probability of having generic E. coli in the soil than the non-graze CC treatment, although the overall concentrations of generic E. coli in both treatments were very low. The only difference between the two treatments was the use of cover crops during winter before the growing seasons in the non-graze CC treatment; the two treatment groups had otherwise the same environmental conditions. These results may support the antibacterial effect of cover crops, especially in reducing generic E. coli contamination of the soil. Cover crops are known to suppress soilborne plant pathogens (Liu et al., 2021), but studies are limited regarding their effects on the survival of bacterial foodborne pathogens. Results from a study examining the influence of cover crops (i.e., hairy vetch, rye, and crimson clover) on the dynamics of E. coli and Listeria innocua in the soil used for vegetable production showed some attenuation effects on E. coli in the soil, although the results differed depending on the species of cover crop, year, and sampling day (Reed-Jones et al., 2016). Similarly, an experimental study using three different chopped cover crops (i.e., buckwheat, mustard greens, and sun hemp) in contaminated soil showed significant reduction in the concentration of generic E. coli within 30 to 40 days after the tillage when compared to the soil without cover crop (Zhao et al., 2023). This antimicrobial effect was linked to the secretion of secondary metabolites by cover crops, which functions as a defense mechanism against pathogen contamination (Guerrieri et al., 2019).

We observed interaction between treatment and sampling day in defining the counts of generic E. coli in the soil. In particular, the counts of generic E. coli of the graze CC treatment differed significantly over time with the higher risk of generic E. coli contamination in the soil by 61-82 DPG but not after 96 DPG, compared to the fallow treatment. The non-graze CC treatment showed significantly lower counts of generic E. coli at 96-123 DPG, but this is most likely due to the high generic E. coli value in the fallow treatment (i.e., reference treatment group of the model) at 96-123 DPG; when comparing the sampling day effect within the non-graze CC treatment, there was no significant difference observed in the counts of generic E. coli in the soil across all other sampling days compared to the baseline of the non-graze CC treatment. Therefore, the graze CC was the only treatment that had significant changes over time in the counts of generic E. coli in the soil. The findings from our previous observational study were similar to the present study, as we found that the mean concentration of generic E. coli decreased under the limit of detection (i.e., 2.3 MPN/g) in the soil 84-111 days after grazing (Patterson et al., 2018). These results from both studies show that the waiting time between grazing and harvesting of 90-120 days in the NOP standards would be appropriate for grazing events on cover crops in ICLS.

Applying commercially produced composted organic poultry manure in the field before growing cover crops did not change the concentrations of generic *E. coli* over time in comparison to non-composted areas. Although we did not test the commercial compost to ensure that it met the required quality criteria from the U.S. Environmental Protection Agency (i.e., less than 1,000 MPN/g fecal coliforms) (U.S. Environmental Protection Agency, 2006), the organic compost product would have followed the NOP guidance for treatment, which requires composted animal material to be maintained at a temperature of minimum 55°C for 3 days in static aerated piles or for 15 days using windrow composting system (USDA-AMS NOP, 2011a). This process ensures the inactivation of pathogens through elevated temperatures (Berry et al., 2013).

Generic E. coli was used as a surrogate for pathogenic E. coli, as well as an indicator of fecal contamination in this study, which has been generally accepted in the scientific community due to the low and heterogeneous distribution of pathogenic E. coli in nature (Mubiru et al., 2000; Park et al., 2015; Allende et al., 2017). However, studies have shown conflicting results on similarities between the survival of generic E. coli and pathogenic E. coli in soil. A metaanalysis found that the average decline rate of commensal E. coli concentrations (log CFU/day) in soil was significantly lower than that of pathogenic E. coli (Franz et al., 2014). In contrast, a predictive model assessing the survival of E. coli O157 and generic E. coli in amended soils under various environmental conditions in the mid-Atlantic US showed similar declining rates between them (Pang et al., 2020). In addition, a random forest model predicting survival duration of generic E. coli and attenuated E. coli O157 under various weather and spatiotemporal predictors investigated through 12 different field trials in the Mid-Atlantic US also found that the factors (i.e., site, year, season) exhibiting the greatest prediction were similar for both pathogens (Sharma et al., 2019). Therefore, although soil characteristics should be further included in the models in future studies, using generic E. coli as a proxy of pathogenic E. coli still seems acceptable.

This study had some important strengths. First, it was a threeyear longitudinal field trial investigating natural contamination of soil and produce by foodborne pathogens through sheep grazing following real ICLS schedules. Its results therefore better reflect realworld field conditions than other laboratory or greenhouse experimental studies. Several studies pointed out that the survival of E. coli under laboratory conditions did not mimic real-world conditions, and that directly applying the results to natural field conditions may not be suitable (Franz et al., 2014; Çekiç et al., 2017). Second, the design of this study was experimental with randomly assigned treatments in the same field, guaranteeing internal validity among treatment groups by providing comparable environmental conditions (e.g., weather, location of the field). Lastly, this study adds to the scarce published scientific literature assessing the risks of ICLS using sheep on microbial contamination of soil and produce (Hoar et al., 2013).

This study also had some limitations, as we could not assess the effects of soil characteristics such as pH, temperature, or moisture that may have differed among treatment groups, and several previous experimental studies showed that those characteristics had significant impacts on the survival of foodborne or indicator pathogens (Franz et al., 2014; Park et al., 2016). Validating this study's results in other regions of the US is necessary before they can be generalized, as a single field in California may not be representative of other organic ICLS in the US. Several studies have indeed shown that the survival of pathogens in manure-amended soil was associated with various spatiotemporal and weather factors (Park et al., 2015; Sharma et al., 2019). In addition, there might be a cumulative effect of continuous ICLS farming in the same field over time, which should be investigated further, as we observed that the proportion of generic E. coli positive soil samples collected in November continuously increased every year from 2019 to 2021.

#### **5** Conclusion

Our three-year experimental study confirmed that the effect of sheep grazing on foodborne pathogen contamination in ICLS is minimal, and the concentration of generic *E. coli* in the grazed CC soil decreased and comparable to the fallow or non-graze CC treatments by 96–123 days post grazing. This supports the application of the NOP 90–120 days rule regarding the time-interval between raw manure application and harvesting to ICLS. In addition, we observed that compost application before cover crop seeding in the winter did not affect the generic *E. coli* concentration in the soil during the following growing season. Further studies comparing the genetic associations between the foodborne pathogens isolated in fecal and soil samples would be necessary to identify the source of foodborne pathogen contamination. Finally, the effect of meteorological and environmental factors should be further investigated in other regions of the US.

#### Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

#### **Ethics statement**

The animal study was approved by Institutional Animal Care and Use Committee of the University of California, Davis. The study was conducted in accordance with the local legislation and institutional requirements.

#### Author contributions

SC: Data curation, Formal analysis, Methodology, Visualization, Writing – original draft, Writing – review & editing. MTJ-R: Conceptualization, Funding acquisition, Methodology, Resources, Writing – review & editing. CC-K: Methodology, Writing – review & editing. JDF: Formal analysis, Writing – review & editing. VH: Data curation, Methodology, Writing – review & editing. PA: Data curation, Methodology, Writing – review & editing. SRW: Conceptualization, Methodology, Writing – review & editing. SRW: Conceptualization, Funding acquisition, Methodology, Resources, Supervision, Writing – review & editing. NT: Conceptualization, Funding acquisition, Methodology, Writing – review & editing. AP: Conceptualization, Funding acquisition, Methodology, Project administration, Resources, Supervision, Writing – review & editing.

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#### **Conflict of interest**

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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#### Supplementary material

The Supplementary material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fsufs.2024.1343101/ full#supplementary-material

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