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A Humanities-Based Innovation: Narrative Medicine for Trauma-Informed Learning in the Emergency Medicine Clerkship

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Authors

Rusnack, Frances
Datta, Suchismita
George, Sunil
[et al.](#)

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American Board of Emergency Medicine (ABEM) announced a redesigned Certifying Examination (CE) to be launched in 2026 consisting of eight case types: Clinical Decision-Making, Difficult Conversations, Managing Conflict, Patient-Centered Communication, Prioritization, Procedures, Ultrasound, and Reassessment. Led by residency program faculty serving as content experts for each case type, we developed interactive, case-based exercises (ABEM CE Prep) that reflect the new CE format and incorporated them into residency training.

Educational Objectives: (1) design and execute a series of interactive, case-based exercises that mirror ABEM's eight CE case types with the assistance of residency program faculty content experts, and (2) create matched numerical scoring systems for formative feedback.

Curricular Design: Using ABEM materials for each of the eight CE case types, faculty content experts (1) prepared a corresponding interactive, case-based exercise, and (2) created a numerical scoring system matched to each case based on ABEM's general scoring criteria. We initiated biannual, four-hour, in-person ABEM CE Prep training sessions within our residency conference. For these sessions, residents rotated every 15 minutes through the eight CE case stations led by the faculty content expert case creators. Resident performance at each station was assessed using each case's structured numerical tool via QR-coded forms. The faculty content experts also provided immediate verbal feedback to each resident on their performance at each station.

Impact/Effectiveness: Our ABEM CE Prep initiative is designed to help residents prepare for the ABEM Certifying Examination and engage faculty in this interactive training. Future work should assess how resident scores during these sessions predict ABEM CE performance.

61 A Humanities-Based Innovation: Narrative Medicine for Trauma-Informed Learning in the Emergency Medicine Clerkship

Frances Rusnack, Suchismita Datta, Sunil George, Kamna Balhara, Sandra Yingling, Katie Grogan, Judith Brenner

Introduction: Medical students rotating in the ED regularly encounter high-acuity cases and traumatic events, which can challenge their well-being and learning. Narrative medicine (NM) cultivates empathy, self-awareness, and meaning making through reflective practices such as close readings and reflective writing. While it has shown positive outcomes among medical students and residents, its use in the ED remains limited. Trauma-informed care (TIC) frameworks are also emerging in undergraduate medical education to better support students' emotional well-being in challenging clinical settings. Given the overlap in goals, we position NM as a tool that operationalizes TIC principles—namely, psychological safety and peer support—through structured,

reflective narrative practices tailored to the ED.

Educational Objectives: Students will be able to apply NM techniques to critically analyze their clinical experiences in the ED, identify TIC principles in their educational and clinical interactions, and engage in reflective practices that promote empathy and build peer support.

Curricular Design: The ADDIE instructional design model was used to create a novel NM curriculum rooted in social constructivist and critical theory for senior medical students during their EM clerkship. Twenty-three students participated from August 2024 to March 2025. Cohorts of four to six students participated in three in-person workshops and two asynchronous writing activities. Workshops included didactics, close readings, and guided reflective writing, such as “parallel charting” and creative prompts. Facilitators established trauma-informed norms and led discussions to foster psychological safety, meaning-making, and peer connection.

Impact: Twenty-two students completed the course evaluation survey (96% response rate). Most anticipate using NM in the future (95%, n=21) and felt the curriculum was relevant to their role as students (91%, n=20). Similarly, (91%) of students found the curriculum useful during their EM rotation. In written feedback, students described using NM to reflect on their clinical encounters in the ED, process emotional experiences, and build empathy. This pilot offers a feasible, transferable approach to integrating reflective, trauma-informed approaches into the EM clerkship.

62 Enhancing Pediatric Emergency Medicine Training through EPA-Based Simulation: A Dual Benefit for Medical Students and Emergency Medicine Trainees

Kei Wong, Marc Berenson, Irene Lieu, Christin Traba, Kyrillos Attaalla

Introduction: Emergency Medicine (EM) trainees often have limited exposure to pediatric emergencies, particularly high-acuity scenarios such as neonatal resuscitation and procedures like airway management and lumbar puncture—skills aligned with the AAMC Entrustable Professional Activities (EPAs). A 3-part simulation curriculum originally designed for third-year medical students (targeting EPAs 10–12: neonatal sepsis, informed consent, and lumbar puncture) also proved valuable for EM residents and fellows. This dual-purpose model reinforced pediatric EM knowledge and procedural skills for both learners and facilitators.

Educational Objective: To improve medical students' knowledge, confidence, and procedural skills in managing neonatal sepsis, obtaining informed consent, and performing lumbar puncture, while enhancing EM facilitators' clinical and teaching proficiency through a train-the-trainer approach.

Curricular Design: Delivered during pediatric clerkship,