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“El Cafecito al Mediodía”: Un puente entre la ciencia, la comunidad y el corazón latino

The Spanish-language podcast goes behind the scenes with UC ANR's Latino staff and academics to provide science-based information to audiences across California and beyond.

por Ricardo Vela

Nació como un acto de conexión en momentos de distancia y aislamiento — *El Cafecito al Mediodía con Ricardo Vela*, un pódcast de UC ANR Noticias y Divulgación en Español (NOS), fue creado para llevar información científica, veraz y en español directamente a nuestras comunidades, en un momento en que el aislamiento y la desinformación crecían con rapidez.

Pero lo que comenzó como una respuesta de emergencia se ha convertido en algo más profundo: una herramienta poderosa para conectar con audiencias hispanohablantes diversas, dentro y fuera de California. *El Cafecito* es más que un pódcast — es una conversación, un puente, y una celebración de las voces latinas dentro de UC ANR.

Cada episodio destaca el trabajo de académicos, educadores, investigadores y líderes comunitarios latinos de UC ANR, amplificando el impacto de quienes a menudo trabajan tras bambalinas en temas como agricultura, nutrición, desarrollo juvenil, medio ambiente y salud pública. A través de charlas relajadas pero significativas, los oyentes conocen las historias, la ciencia y las personas detrás de la misión.

Nuestra audiencia incluye trabajadores del campo, productores, estudiantes, investigadores y académicos de la Universidad — personas que no solo trabajan en la ciencia y la agricultura, sino que la viven a diario. Aunque aún no contamos con miles de seguidores, nuestros números crecen episodio tras episodio. Más importante aún: crece el sentido de comunidad.

El Cafecito al Mediodía es un espacio donde la ciencia se encuentra con la cultura, donde promovemos con orgullo nuestra herencia latina y destacamos el talento que está generando cambios reales dentro de UC ANR. Porque el conocimiento, cuando se comparte en nuestro idioma y con el corazón, tiene un poder aún mayor.

Puedes escucharlo en YouTube como vodcast en @UCANRESPANOL, o en tus plataformas favoritas: iHeartRadio, Spotify, Amazon Music, Apple Podcasts, Prime, Buzzsprout, Podcast Addict, y muchas más. [CA](#)

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In a recent vodcast, Ricardo Vela talked with María Orozco of the UC Organic Institute about her passion for agriculture and social justice.

“El Cafecito al Mediodía”: A bridge between science, community and Latino heart

by Ricardo Vela

It began as a lifeline during the pandemic — *El Cafecito al Mediodía with Ricardo Vela*, a podcast by UC ANR News and Information Outreach in Spanish (NOS), was launched to bring science-based information directly to Spanish-speaking communities at a

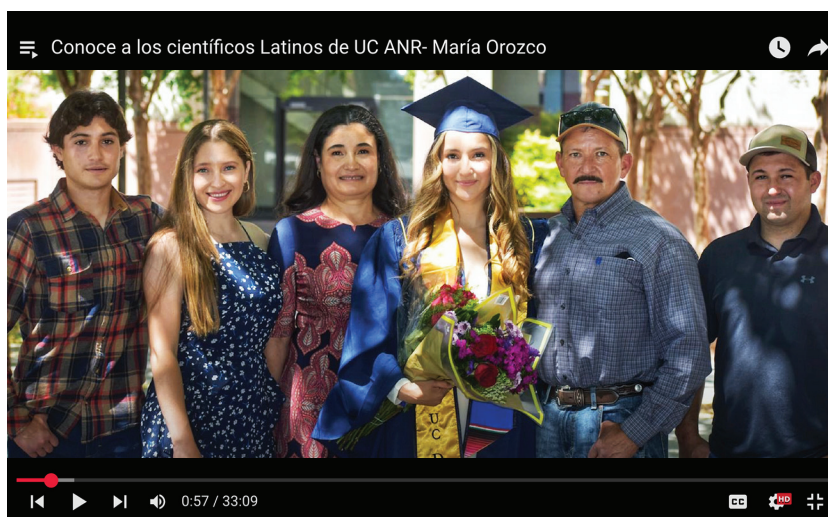
time when isolation and misinformation were spreading fast.

But what started as a pandemic response has grown into something deeper: a powerful tool to reach diverse Spanish-speaking audiences across California and beyond. *El Cafecito* is more than a podcast — it's a conversation, a connection and a celebration of Latino voices within UC ANR.

Each episode brings to life the work of UC ANR's Latino academics, educators, researchers and community leaders — amplifying the impact of those who often work behind the scenes in agriculture, nutrition, youth development, environmental stewardship, and public health. Through relaxed and meaningful conversations, listeners get a window into the science, the stories, and the people behind the mission.

Our audience includes farmworkers, growers, students, researchers and UC academics — those who not only work in agriculture and science but live it every day. While we may not have thousands of followers yet, our numbers continue to grow steadily. More importantly, so does our community.

El Cafecito al Mediodía is a space where culture meets science, where we promote our shared Latino heritage while highlighting the incredible talent driving change within UC ANR. Because knowledge, when



The vodcast with María Orozco included family photos.

shared in our language and with heart, becomes even more powerful.

You can listen to *El Cafecito al Mediodía* on YouTube as a vodcast at @UCANRESPANOL, or find it on your favorite podcast platform: iHeartRadio, Spotify, Amazon Music, Apple Podcasts, Prime, Buzzsprout, Podcast Addict, and more. [CA](#)



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